



Introduction to Passive House: *More than an Energy Standard*

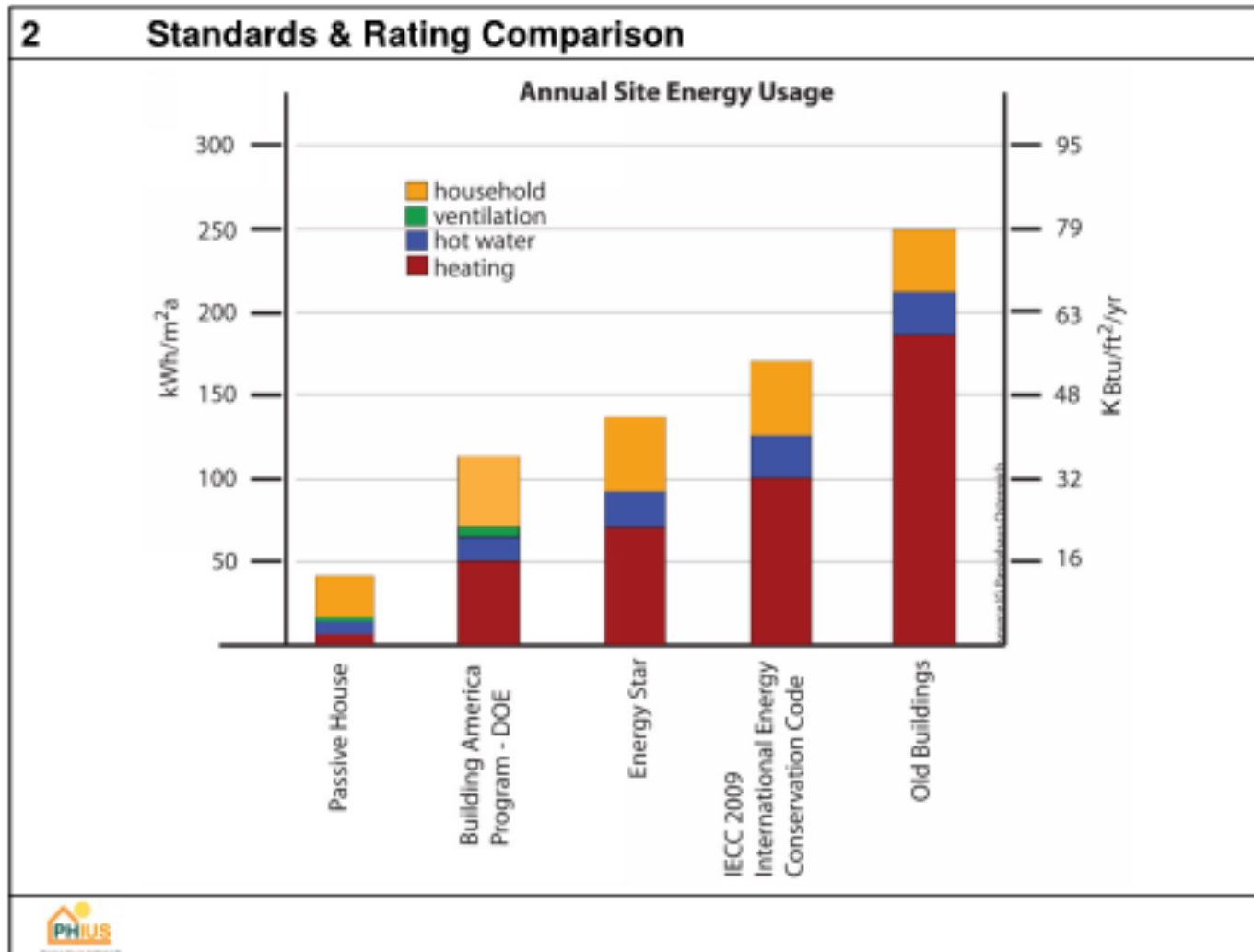
Christi Weber

Building Designer & Certified Passive House Consultant
Design Coalition Architects, Madison, WI

design coalition inc.

Passive House is
a standard
AND
a methodology.

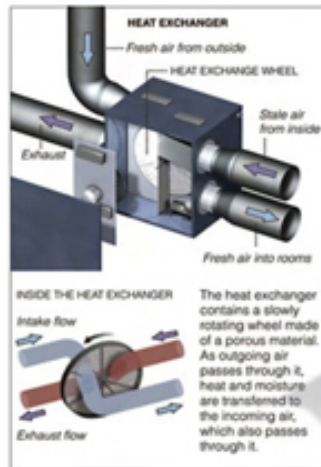
An energy standard that is the most ambitious in the world.



Passive House methodology = integrated envelope and systems design.

At the Heart, A Heat Exchanger

The most important element in keeping a passive house warm is the heat exchanger, which uses heat from inside air to warm fresh air from outside. Stale air is constantly being replaced with fresh air; about one-third of the house's air is replaced every hour.

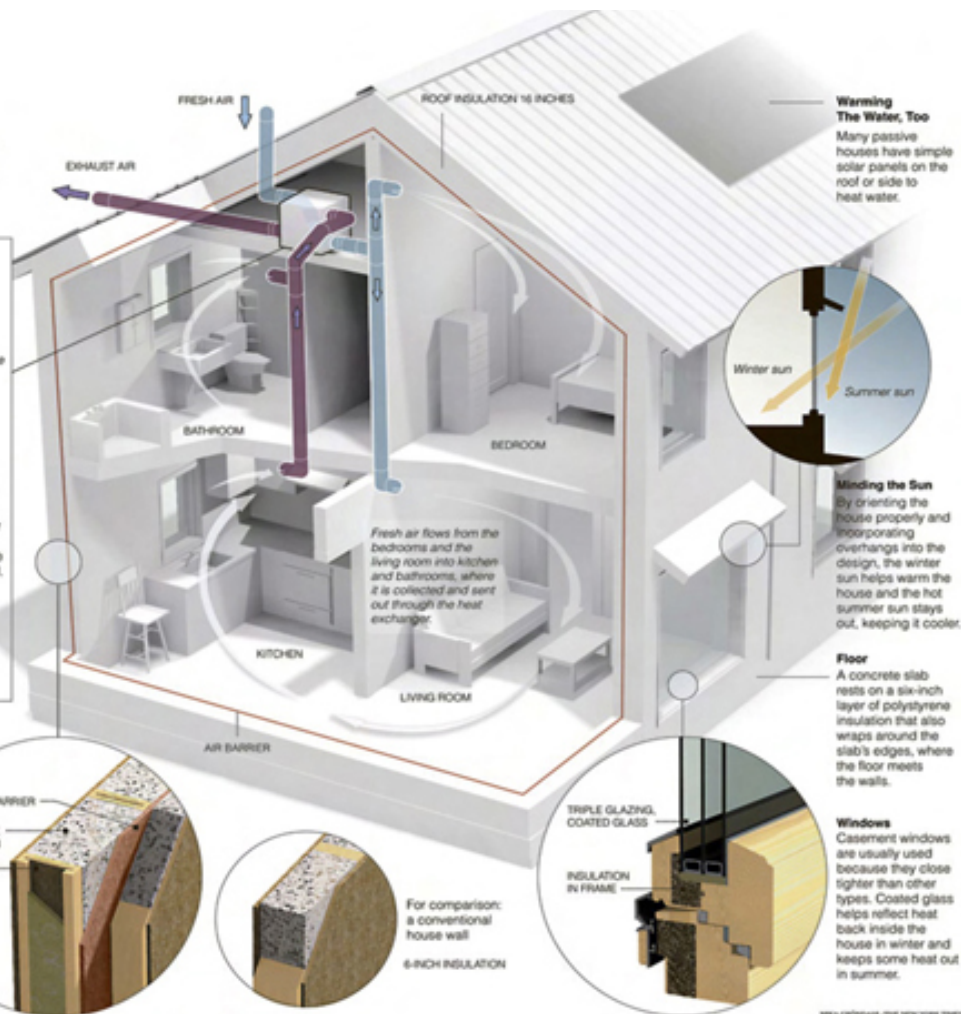
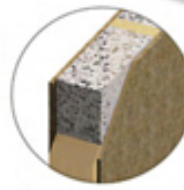
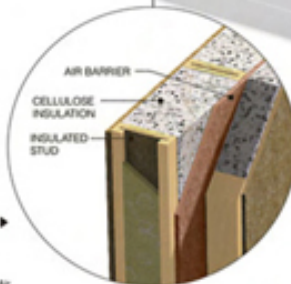


Keeping the Heat In

Exterior walls are two or three times thicker than those in a conventional house and are well insulated, with the amount of insulation varying by climate. A double-wall system is used, with a continuous air barrier between the two walls. Walls and studs are designed to minimize heat conduction.

PASSIVE HOUSE WALL, 12-INCH TOTAL INSULATION

Source: Passive House Institute U.S., UltimateAir



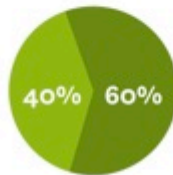
WALL OVERHANG, THE NEW YORK TIMES

Vastly reduced utility bills!

TYPICAL HOUSE
IN DEANWOOD, D.C.



LOW ENERGY HOUSE
IN DEANWOOD, D.C.



PASSIVE HOUSE IN
DEANWOOD, D.C.



PASSIVE HOUSE WITH
RENEWABLE ENERGY
IN DEANWOOD, D.C.



RENEWABLE ENERGY (PV)



Lighting, Appliances, Home Electronics,
and Other Devices

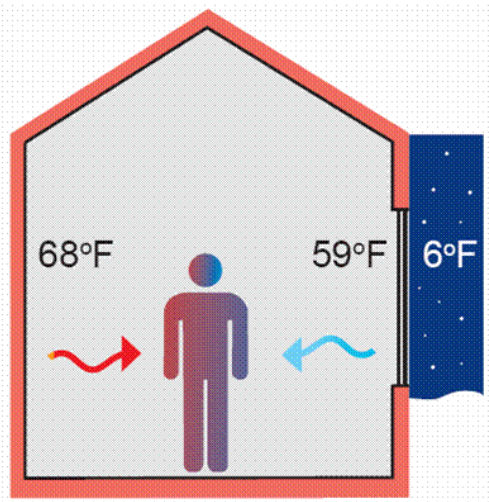
Heating, Air Conditioning,
and Hot Water

Values calculated from information in PEPCO press release for service hike 2004 and Washington Gas, Historical Gas Comparison

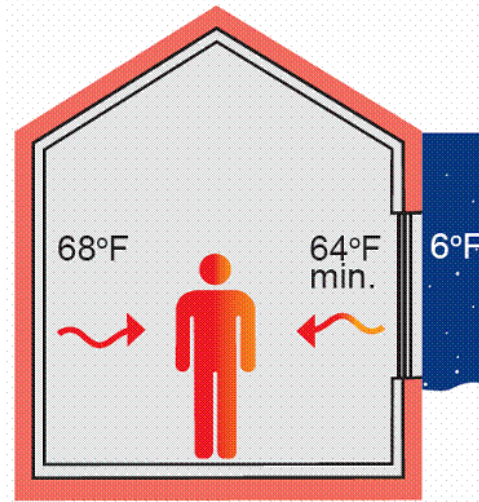
Source: *Empowerhouse*

Superior comfort!

- No drafts, no condensation, no cold spots.
- Warm interior surfaces (no more than 4°F colder than the interior air temperature).
- No drastic temperature swings.
- More “usable” square footage in the winter.



Conventional
Envelope & Windows



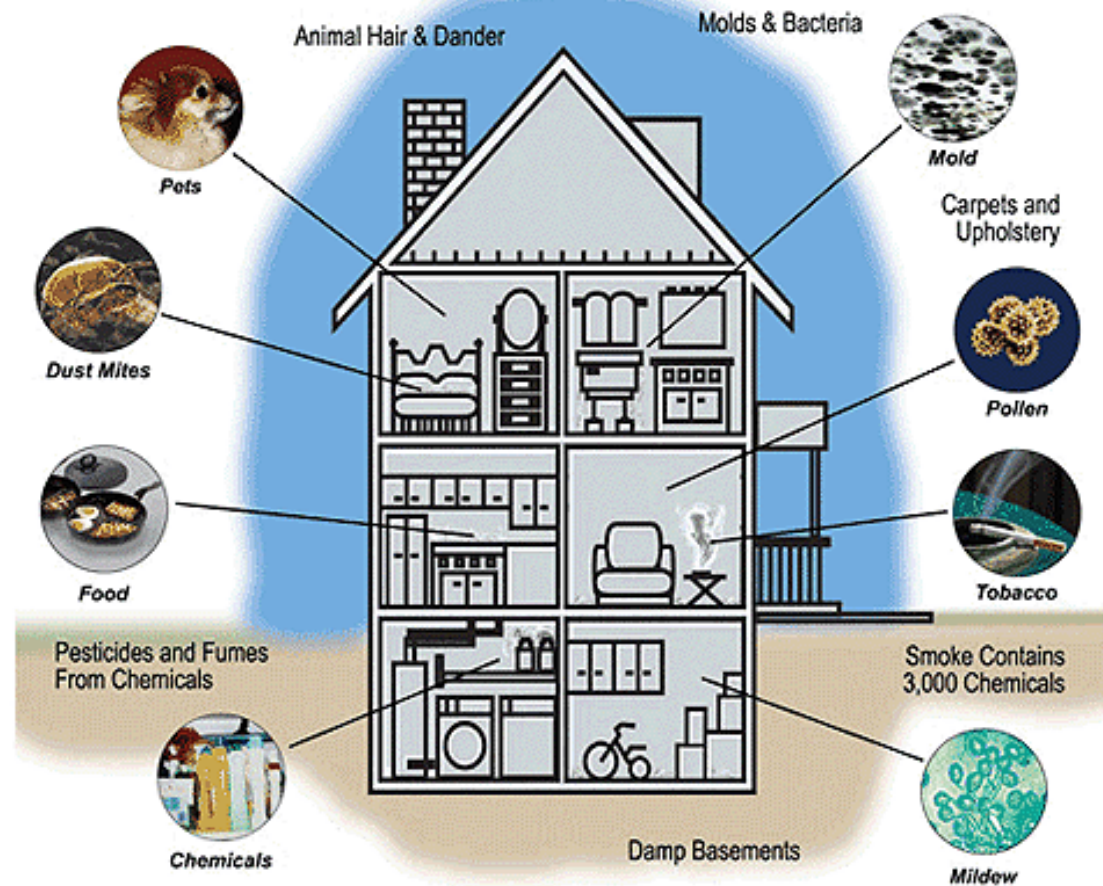
PH Envelope &
Windows



Source: Informationsgemeinschaft Passivhaus D,
Broschüre “Aktiv für mehr Behaglichkeit.”

Superior indoor air quality!

- Constant, low-velocity, filtered fresh air
- Reduced allergens, pollutants, etc.
- Lower CO₂ levels



Source: EPA

Energy-efficient homes have higher values.

- Market value of a home increases \$20 for every \$1 decrease in annual energy costs. - *The Appraisal Journal*
- Newly constructed homes with a HERS rating in Portland sold for 8% more, existing homes for 30% more. - *Earth Advantage Institute*



Energy-efficient homes sell faster.

- *Earth Advantage Institute*



Passive Houses come in any style...



TWO DISTINCT APPROACHES TO CONSERVATION:



PASSIVE SOLAR

aka Mass & Glass

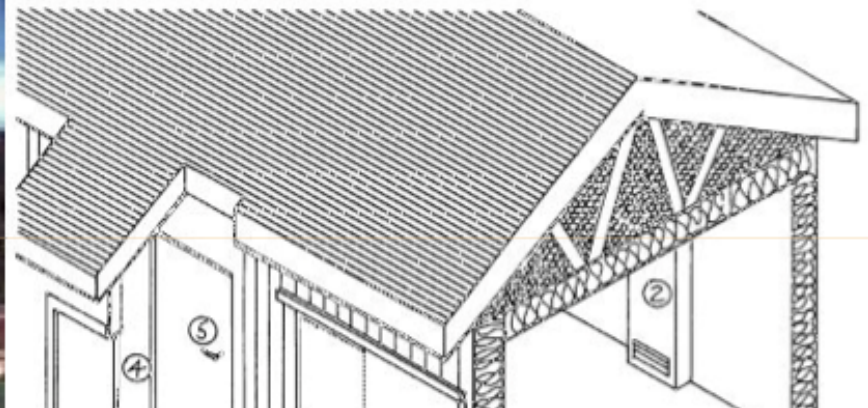
Big temperature swings

Net negative windows

Heavy focus on south glazing

Big temperature swings

ELEMENTS OF A SUPERINSULATED HOUSE



PASSIVE HOUSING

aka Thick Walls & Tight

Slow temp movement

Net positive windows

Moderate south glazing

Balanced ventilation

Not just for new construction...



O' Neill House Retrofit, Sonoma, California



Retrofit, Mamaroneck, New York

Not just for houses... (Passive Buildings)



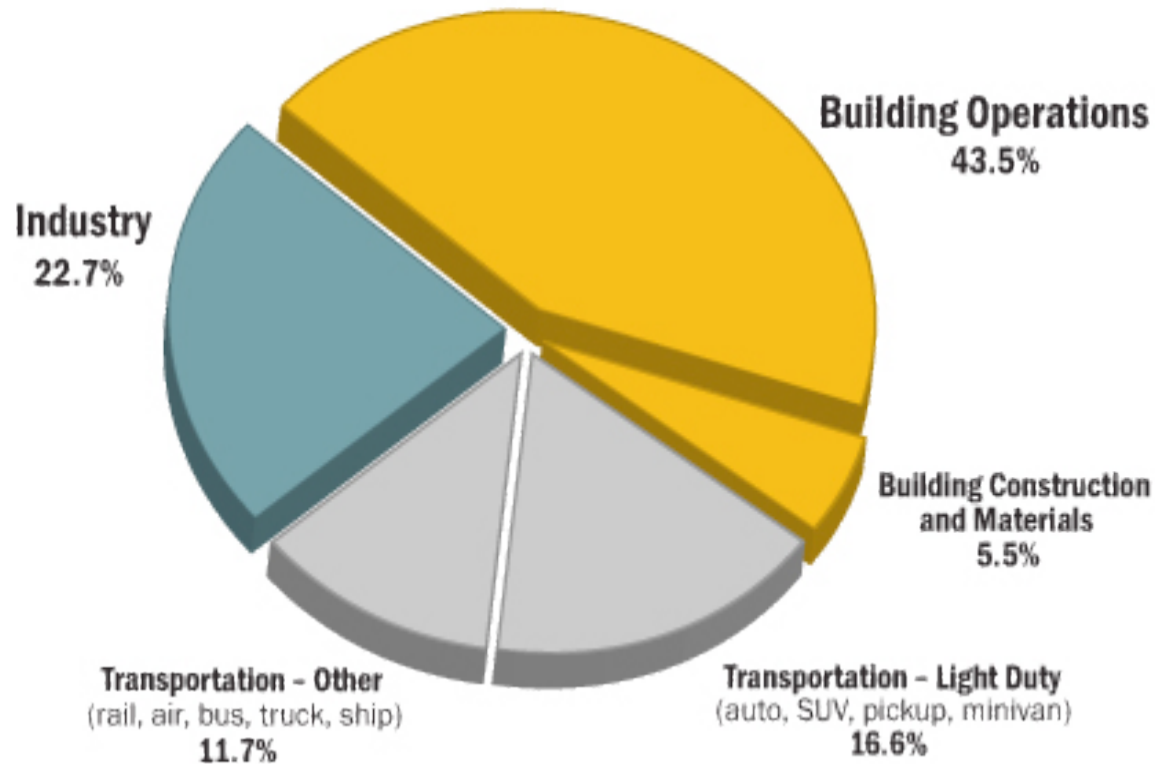
Office Tower in Austria



Primary School in the UK (image courtesy: Thomas Vale Construction)

Passive House in our energy future...

Buildings are responsible for almost half of our energy use & CO2 emissions!

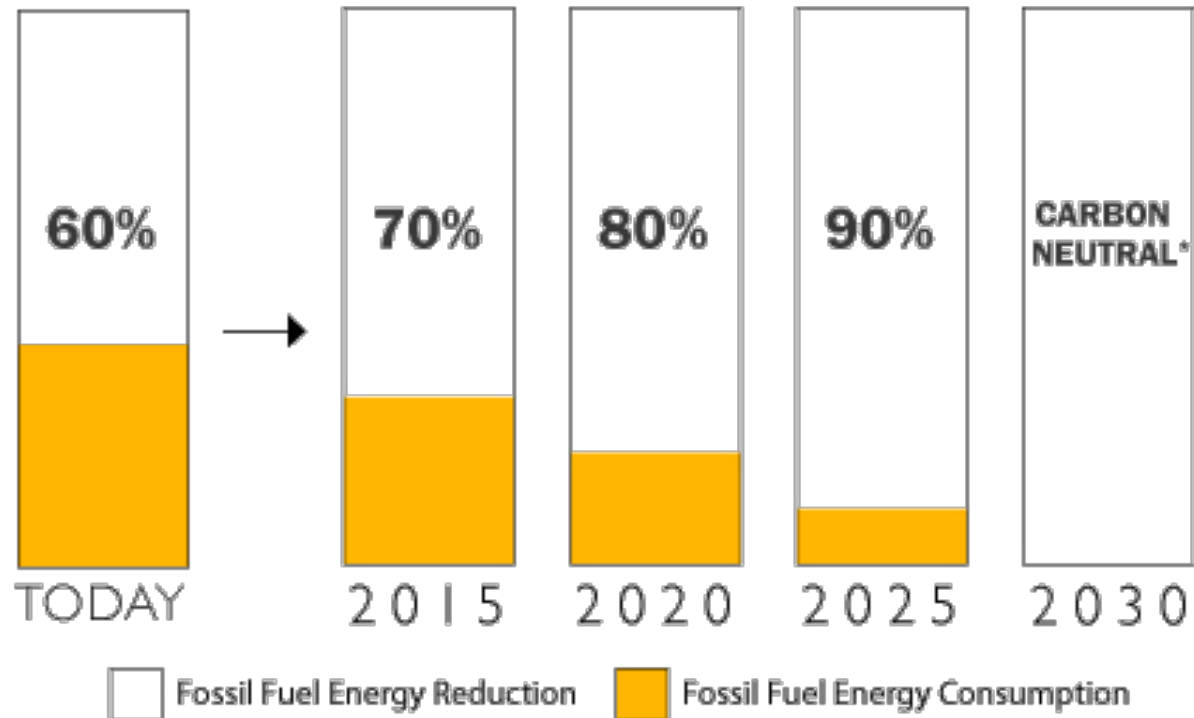


U.S. Energy Consumption by Sector

Source: ©2010 2030, Inc. / Architecture 2030. All Rights Reserved.
Data Source: U.S. Energy Information Administration (2009).

PH meets the goals of the 2030 Challenge.

Get to net-zero energy use by 2030!



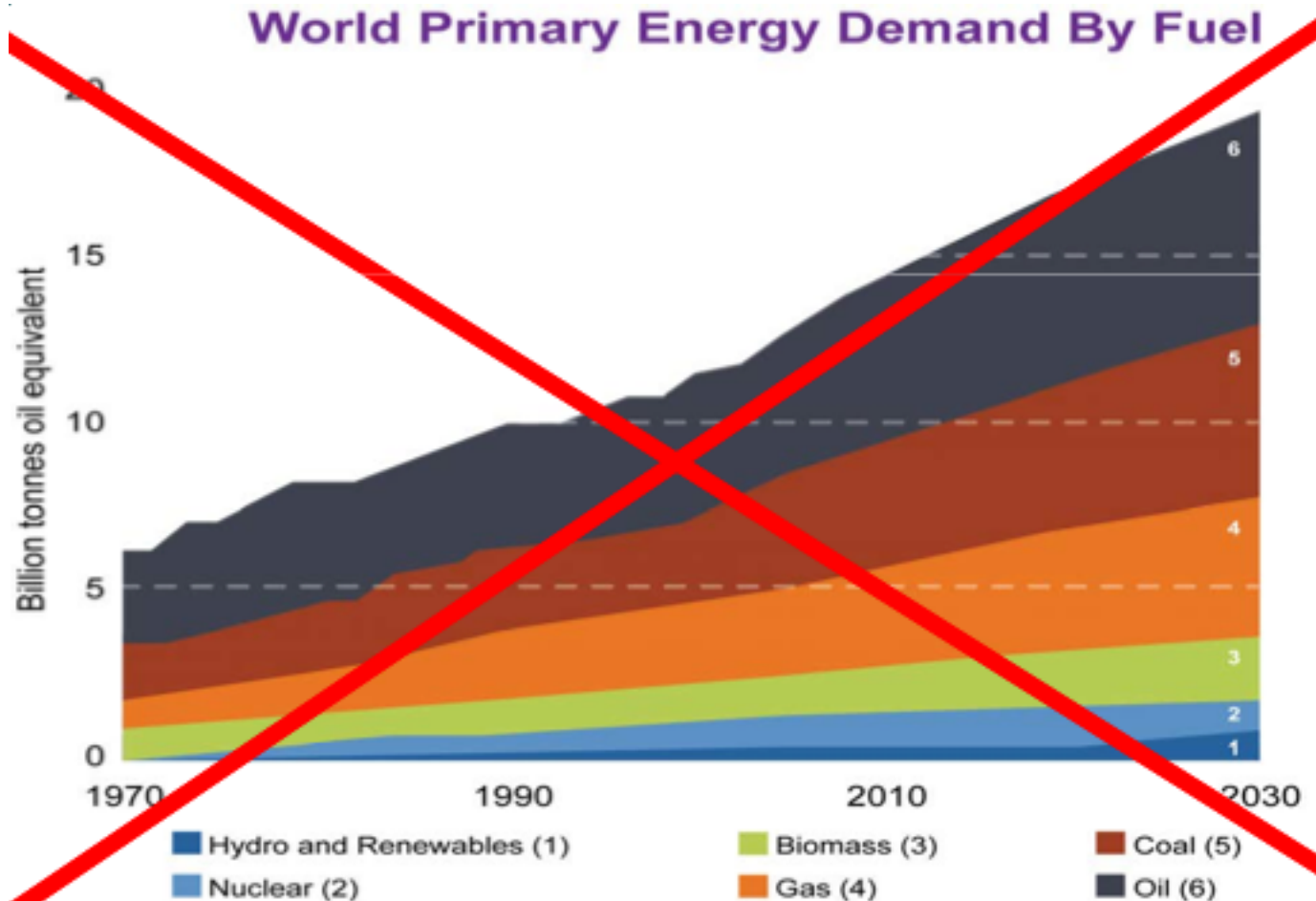
The 2030 Challenge

Source: ©2010 2030, Inc. / Architecture 2030. All Rights Reserved.
*Using no fossil fuel GHG-emitting energy to operate.

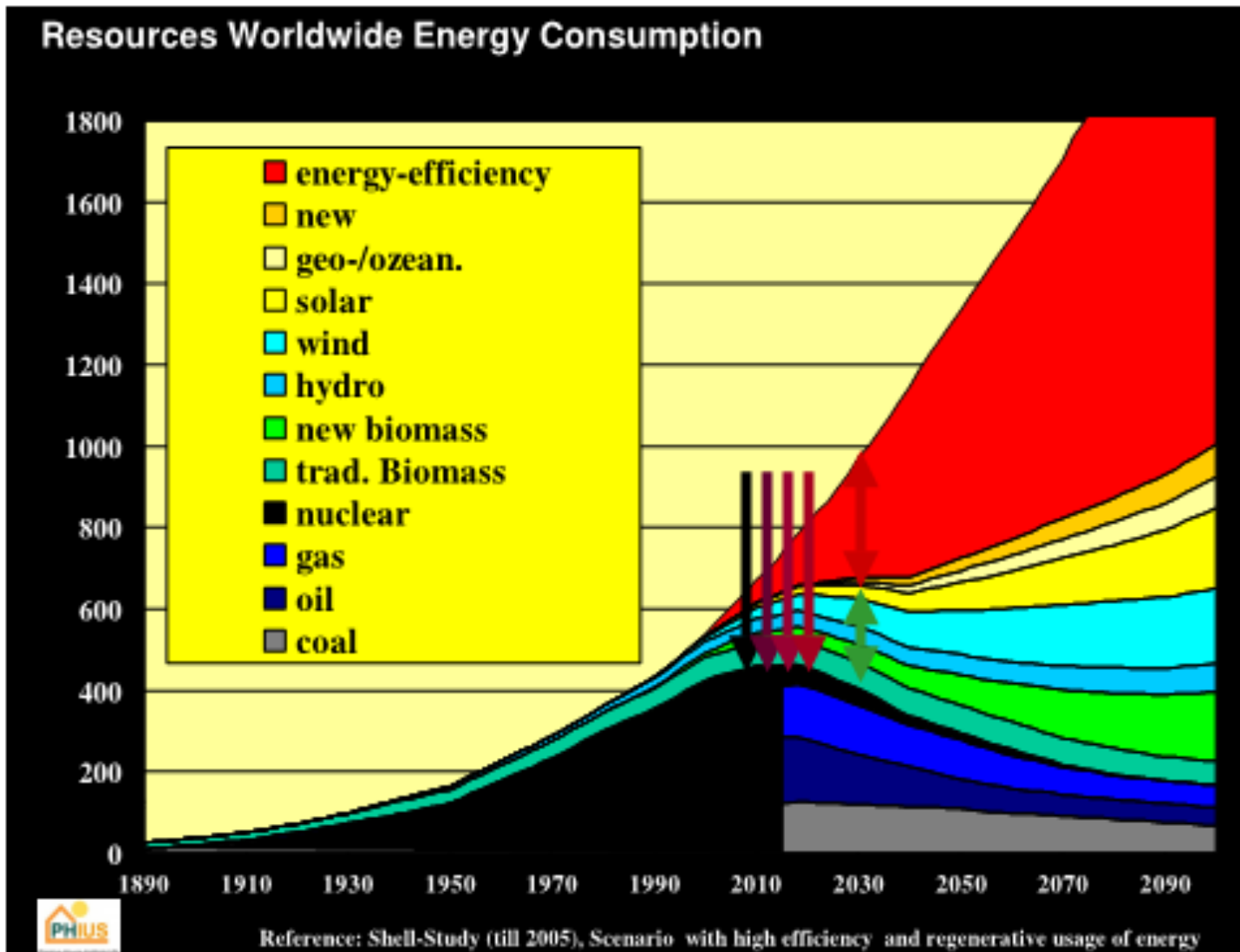
Early adopters....

- State of MN, IL, CA, MA, NM, WA (not WI!)
- Energy Independence & Security Act
- U.S. Army Vision for Net Zero.

Future global energy use projections & related CO2 emissions are not sustainable



Future worldwide transition.

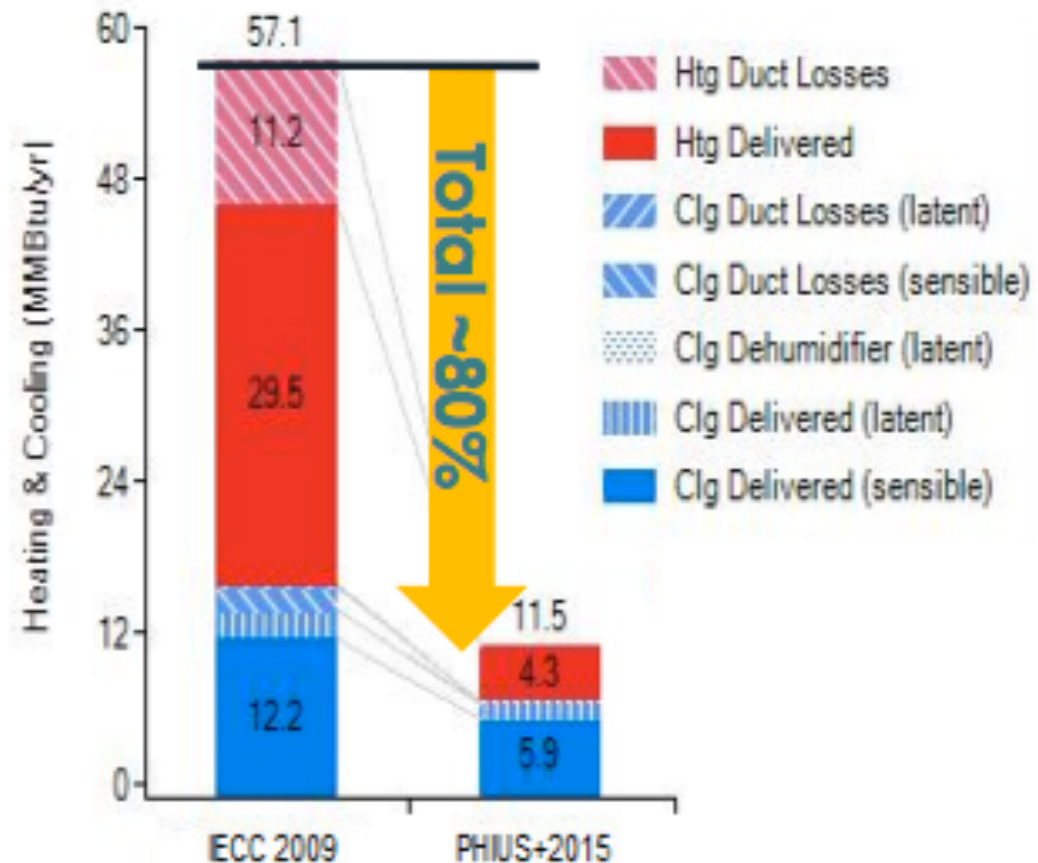


Energy-efficiency can close the gap.

Renewables account for only a small portion of the rising increase in energy demand.

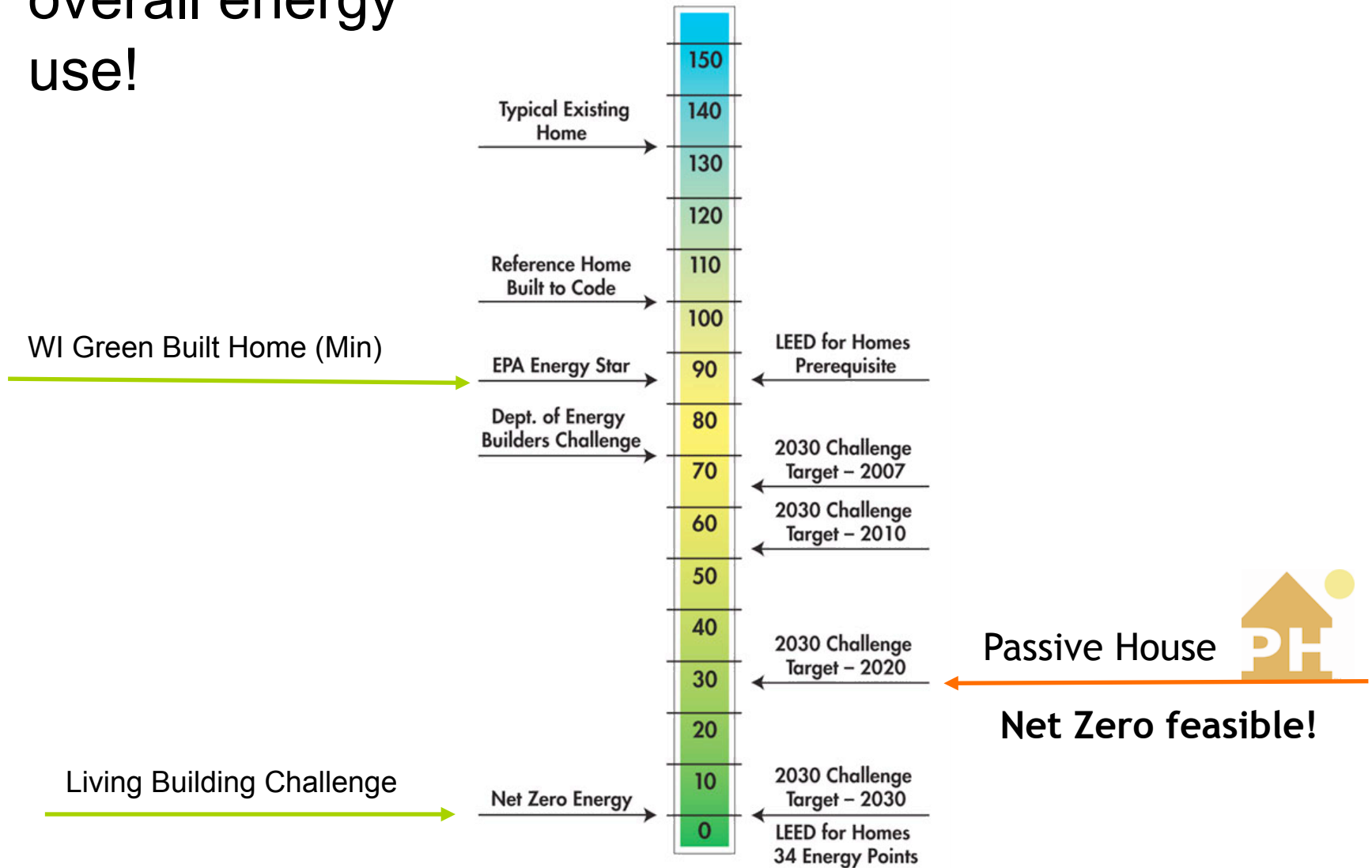
PH taps the 'energy source' of conservation.

Heating energy reduction in passive buildings: ~80-90%



Up to 90% less overall energy use!

HERS Index (Home Energy Rating System)

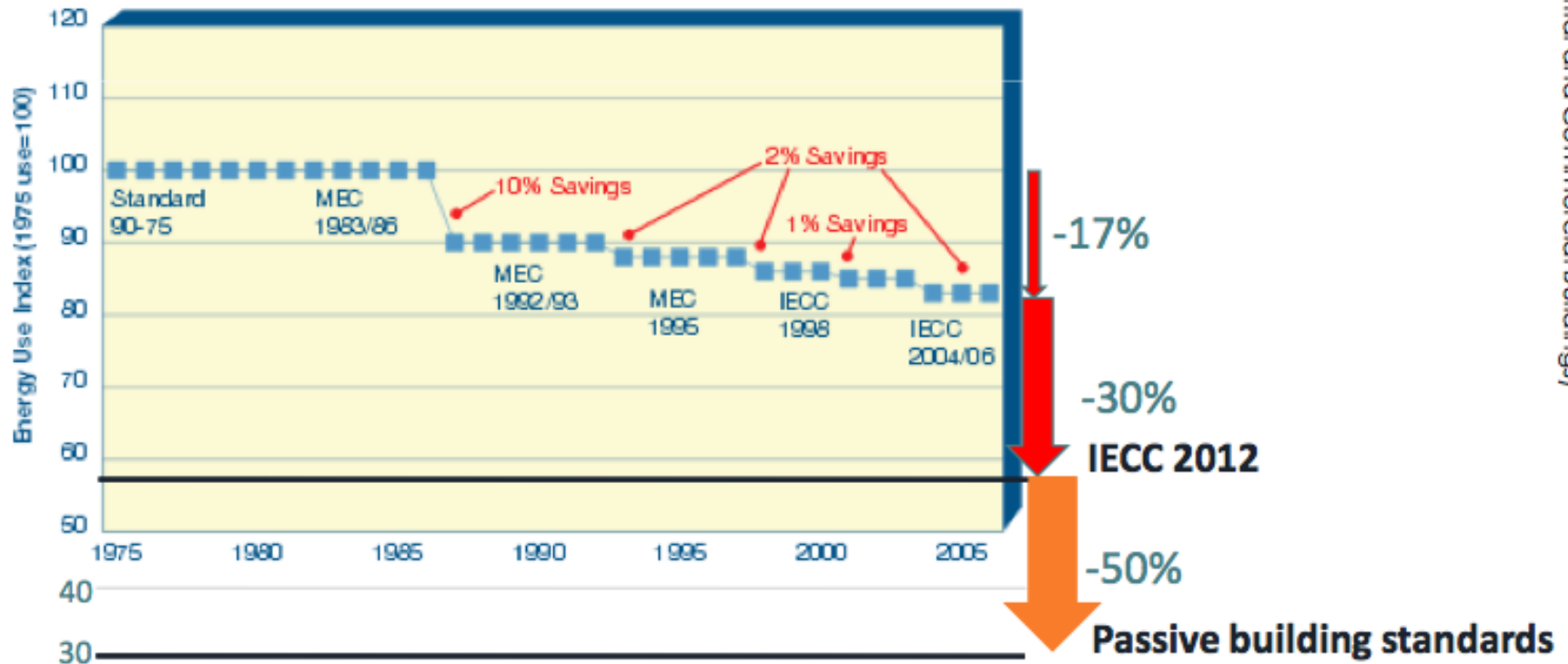


Since the energy crisis..

Figure 20

Residential Energy Code Stringency (Measured on a Code-to-Code Basis)

End-uses addressed by the IECC: heating, cooling, domestic hot water



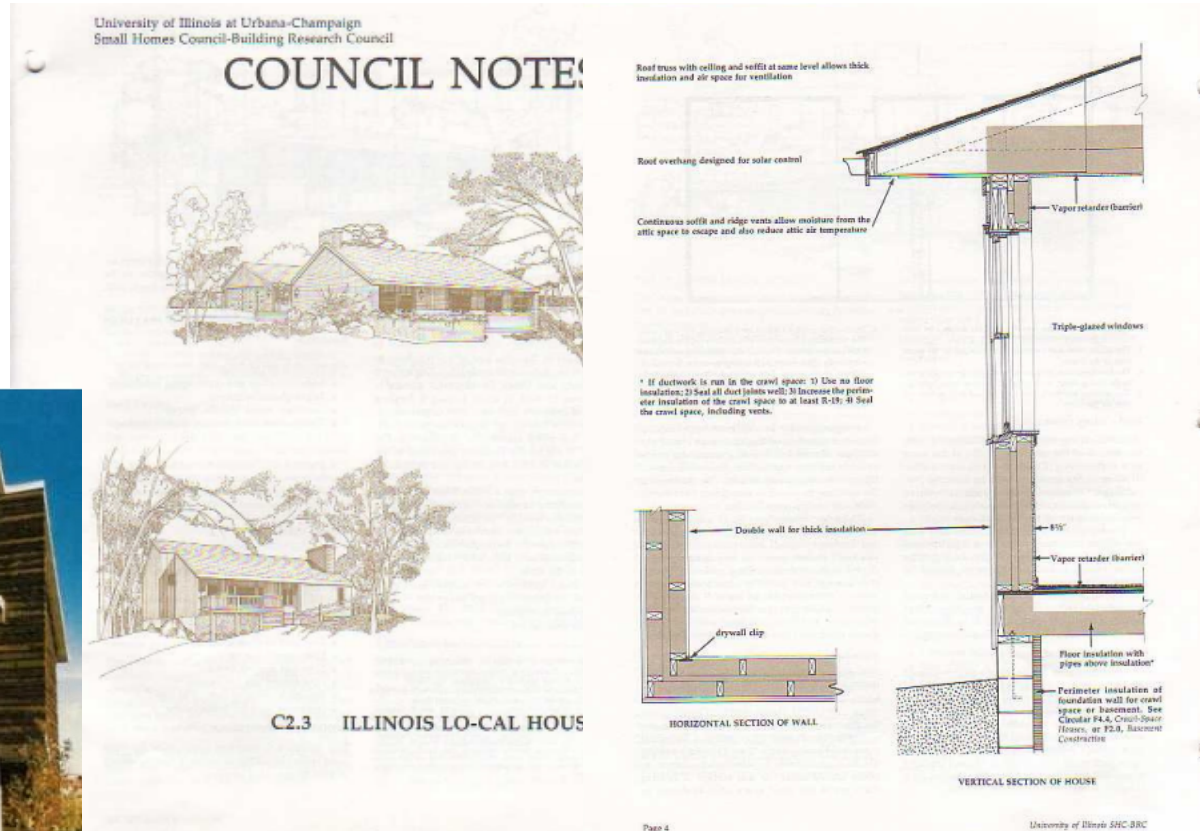
(Source : U.S. Department of Energy: Energy Efficiency Trends in Residential and Commercial Buildings)

Brief History of Passive House

Passive House has roots in the U.S. and Canada

- Energy-efficiency in response to 1970's energy crisis.
- Concepts of super-insulation, air tightness, ERVs, etc. are not new.

Saskatchewan Conservation House, Canada, 1977



Super-insulated "Lo-Cal House",
Wayne Schick, U of I Small Homes Council

Formalized Passivhaus Standard

- Built upon the ideas pioneered in the US and Canada.
- Dr. Wolfgang Feist developed original Passive House performance criteria.
- Optimized for German climate.



Dr. Wolfgang Feist (*right*), shown with Bo Adamson (*left*) and Robert Hastings, 1998 Passivhaus Conference



First Passivhaus, Darmstadt, Germany, 1991

Passive House concepts come back to the U.S. in 2003.



Passive House Institute US

- Founded by Katrin Klingenberg & Mike Kernagis
- Training & Education
- Research & Collaboration with other agencies
- Certification
- Developing markets for better doors, windows, ERVs, etc.
- Translating PH standard to North American climates



Smith House 2002



Biohaus 2006

Passive House: The Methodology

Passive House methodology is a conservation approach

- Minimize Losses, Maximize Gains
- Integrated Envelope & Systems design

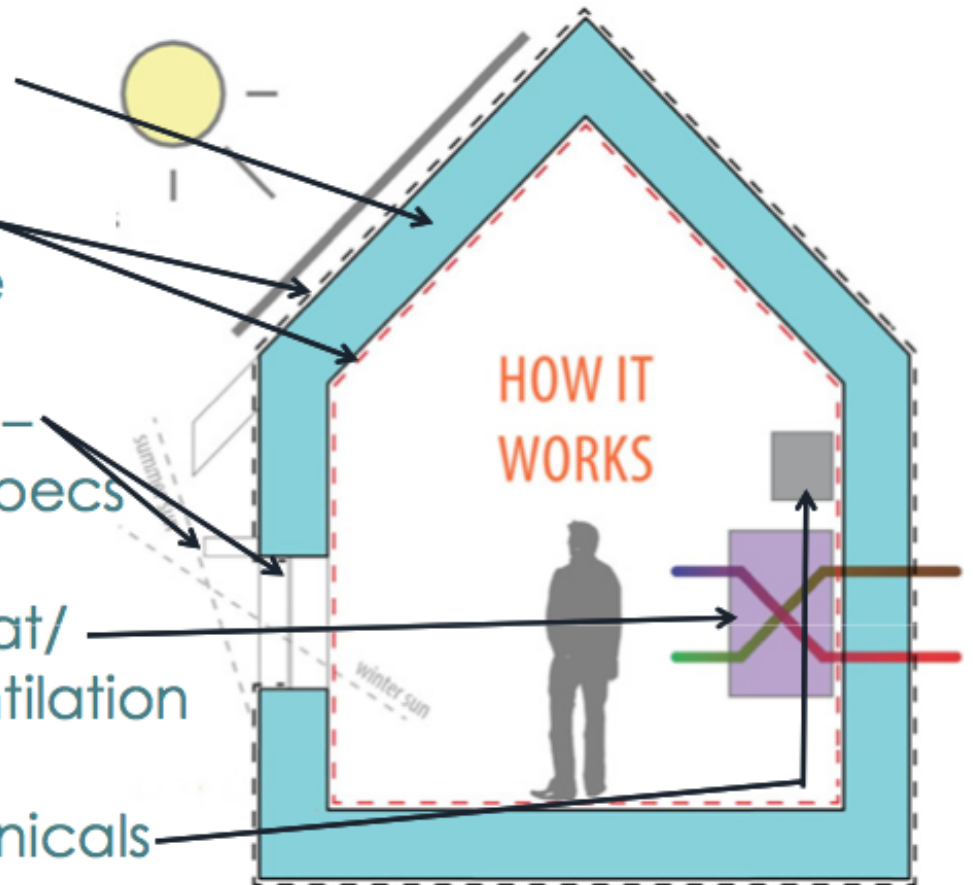
1. Continuous insulation

2. Air/wind-tightness -
moisture performance

3. Optimizing solar gains –
glazing and shading specs

4. Indoor air quality – heat/
moisture recovery ventilation

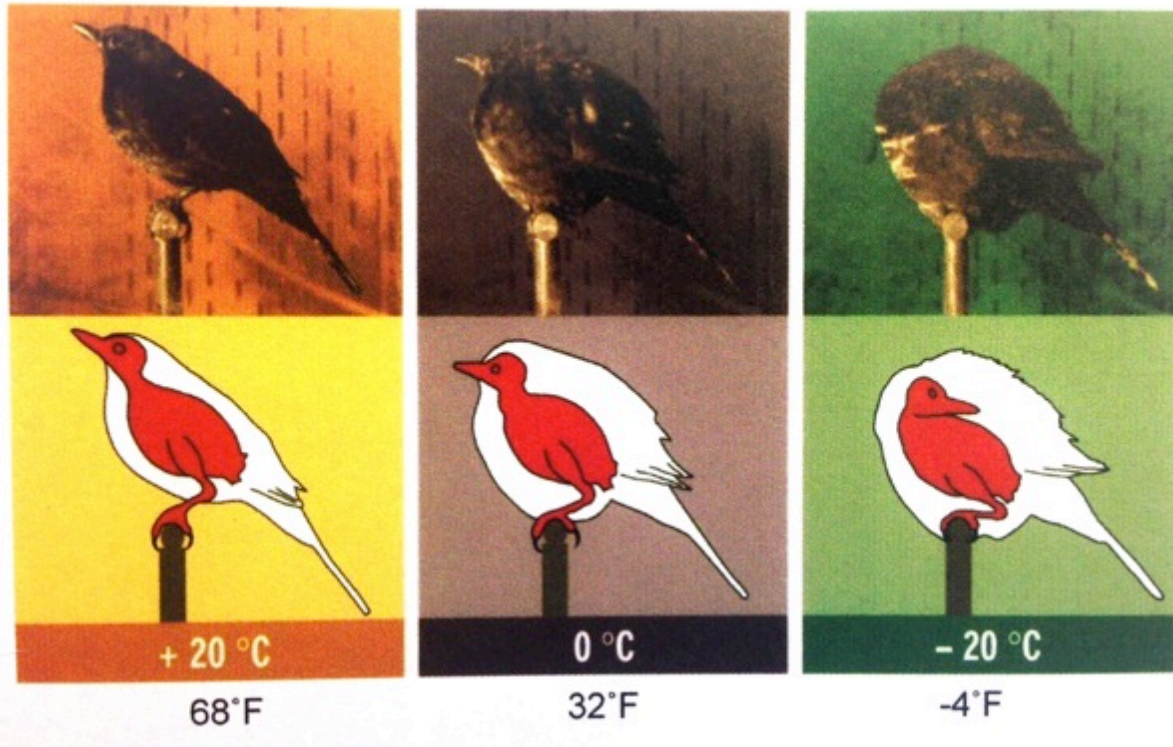
5. Minimized mechanicals



Continuous Insulation & the Thermal Envelope

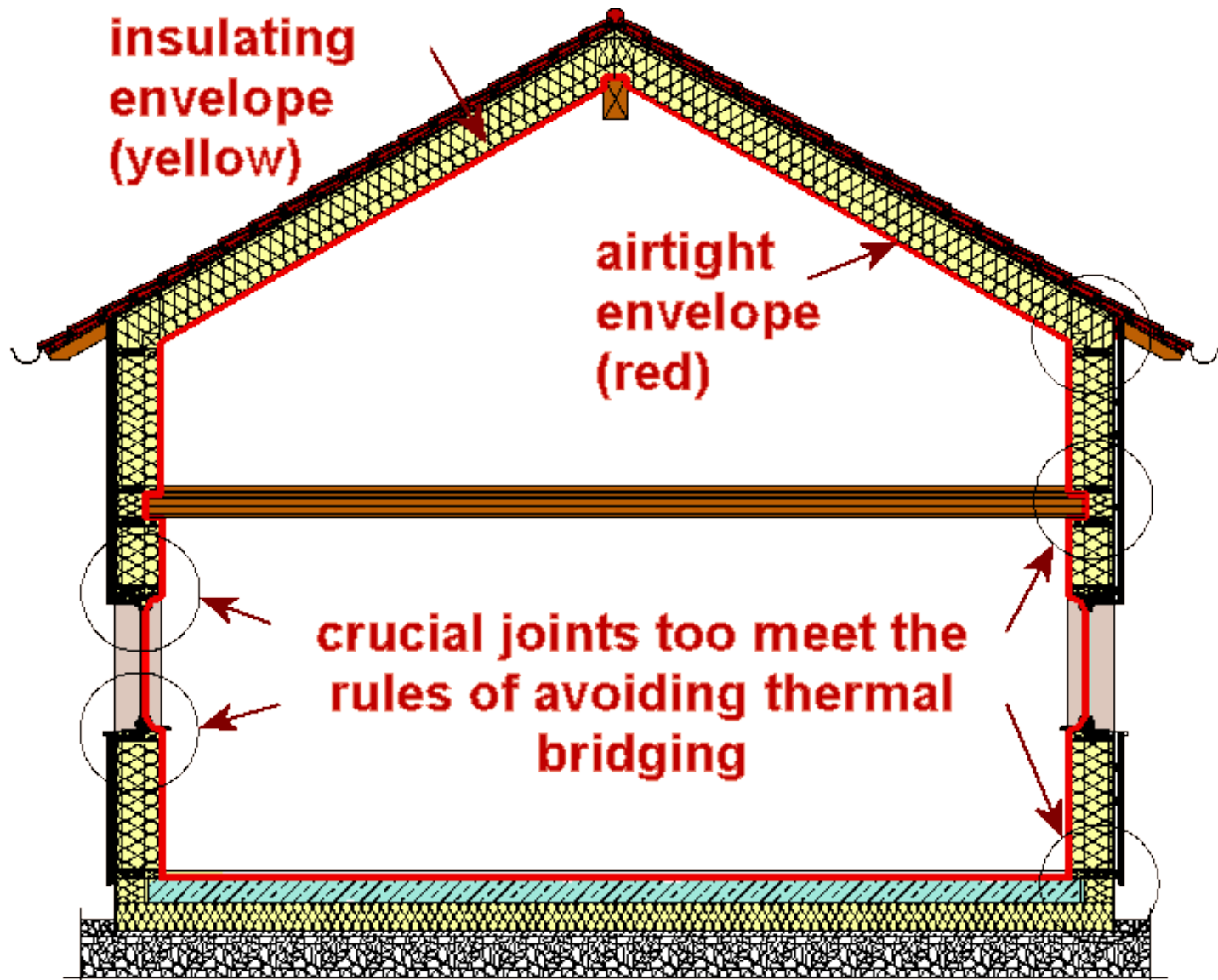
Continuous Insulation

Nature teaches us that continuous insulation decreases heat loss.



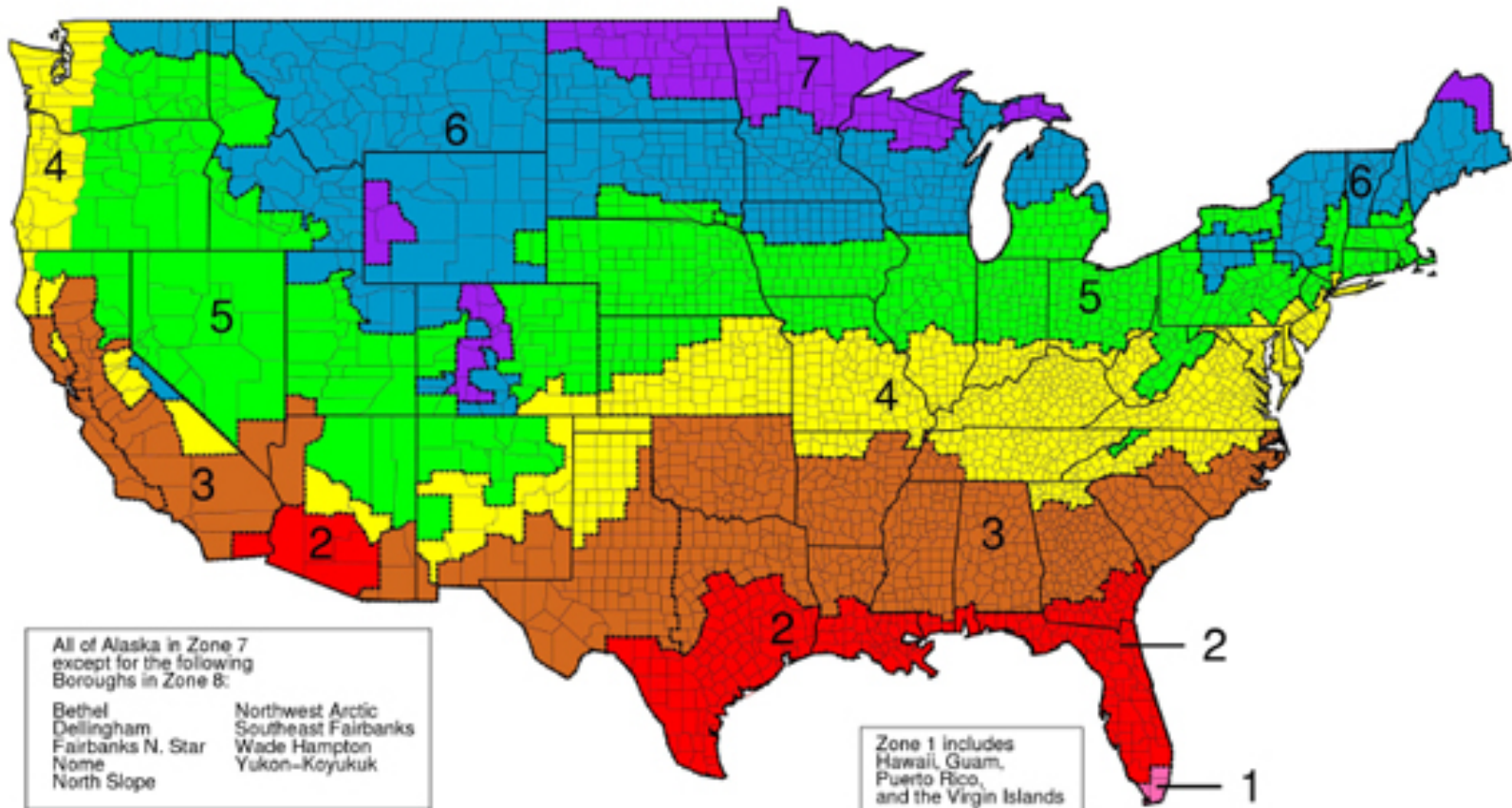
Source: Vogelwarte Radolfzell. Blackbird "feather envelope"

Continuous Insulation should be continuous - for real!



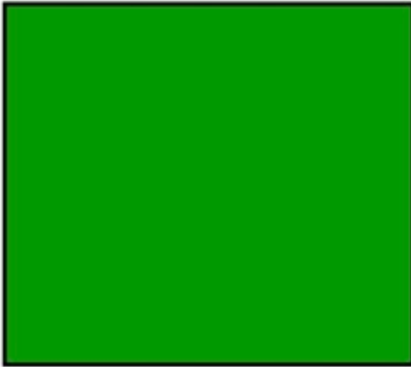
Continuous Insulation:

The right amount of depends on the climate.

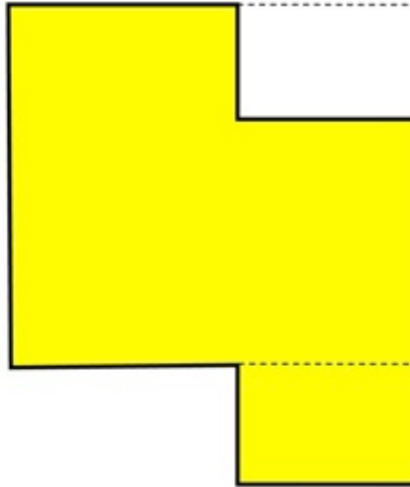


Continuous Insulation and a compact shape.

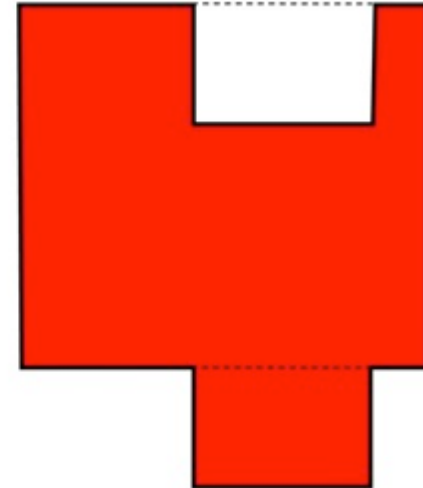
- Reduce heat loss through envelope
- Minimize ratio of Surface Area : Volume



Compact Shape



10% increase in wall area
(more heat loss)



20% increase in wall area
(even more heat loss)

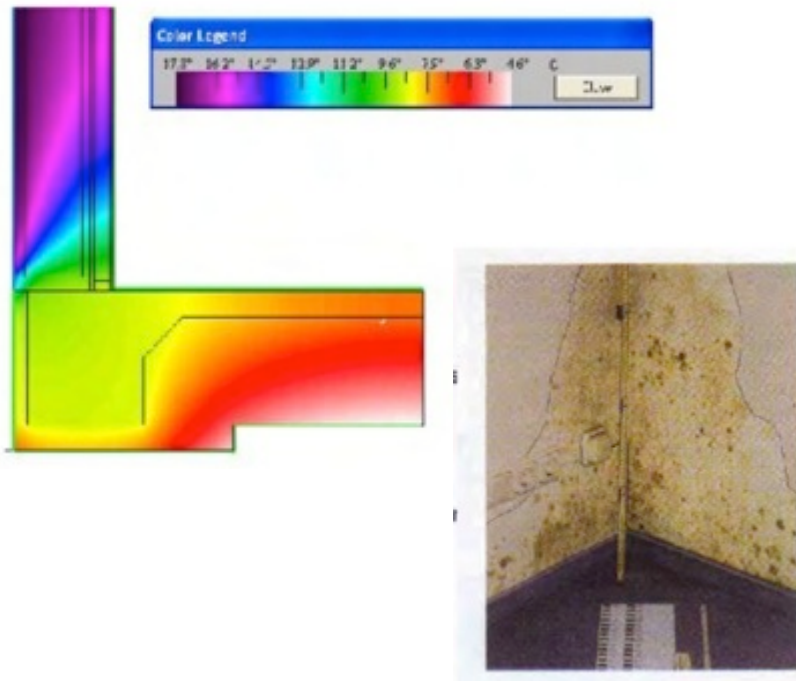
Source: Intelligent Energy, PHS 1.0

Continuous Insulation: Eliminate Thermal Bridges

Thermal Bridge = a building element or assembly that transmits heat through the envelope.

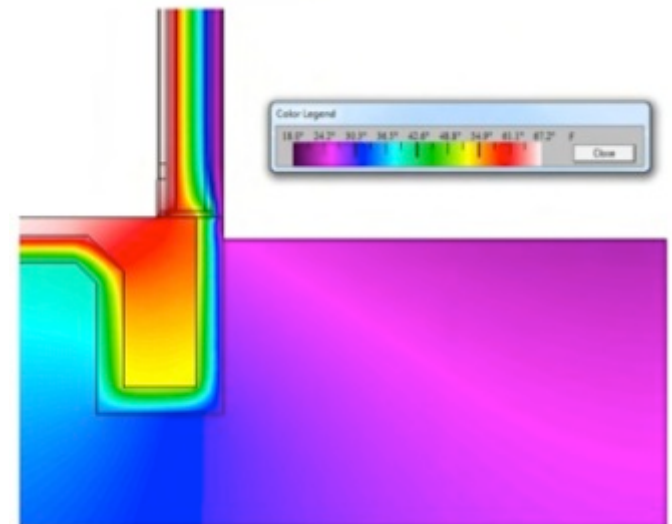
Presence of thermal bridge:

- Heat loss
- Risk of condensation & mold



No thermal bridge:

- Little to no heat loss
- Warm, comfortable interior
- No condensation or mold



Continuous Insulation: Eliminate Thermal Bridges



See the studs!

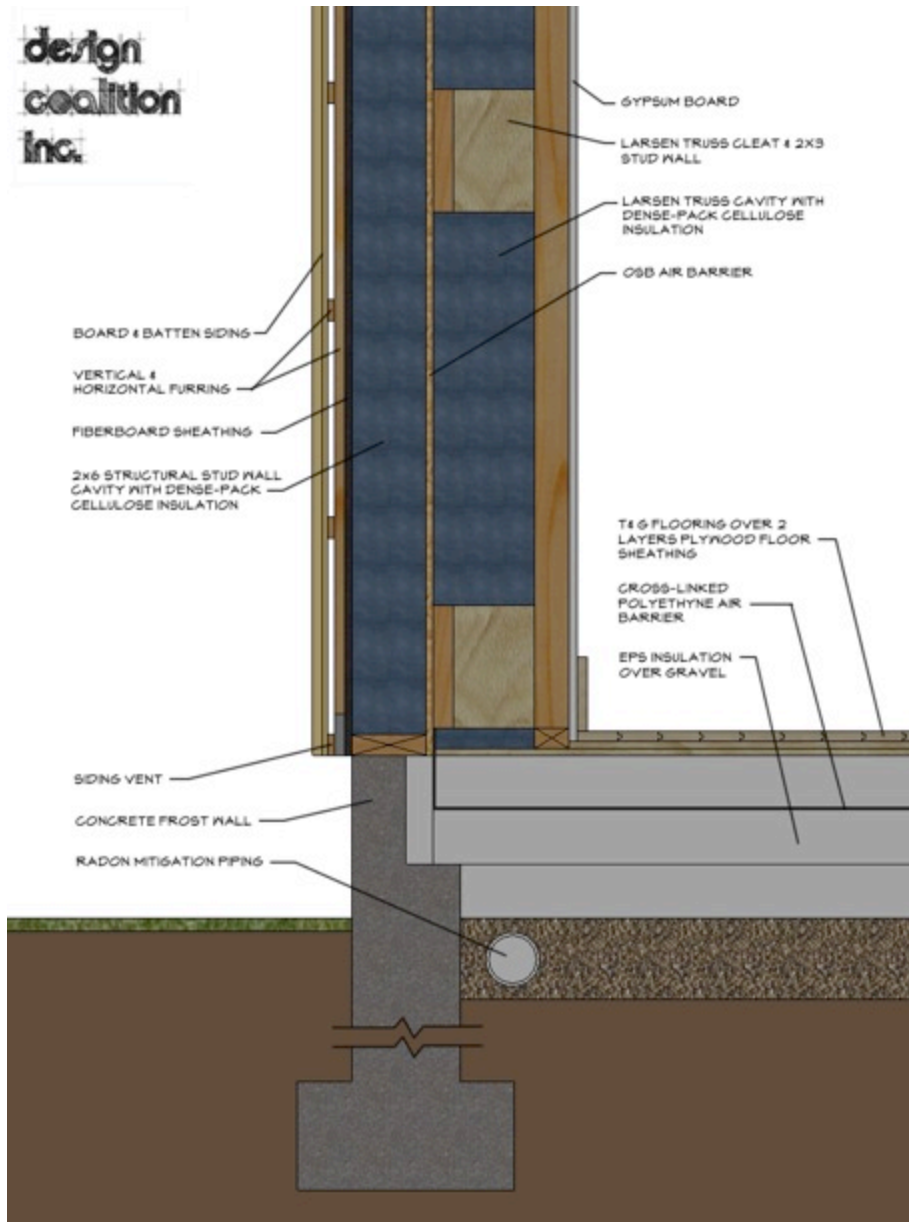
Not as much



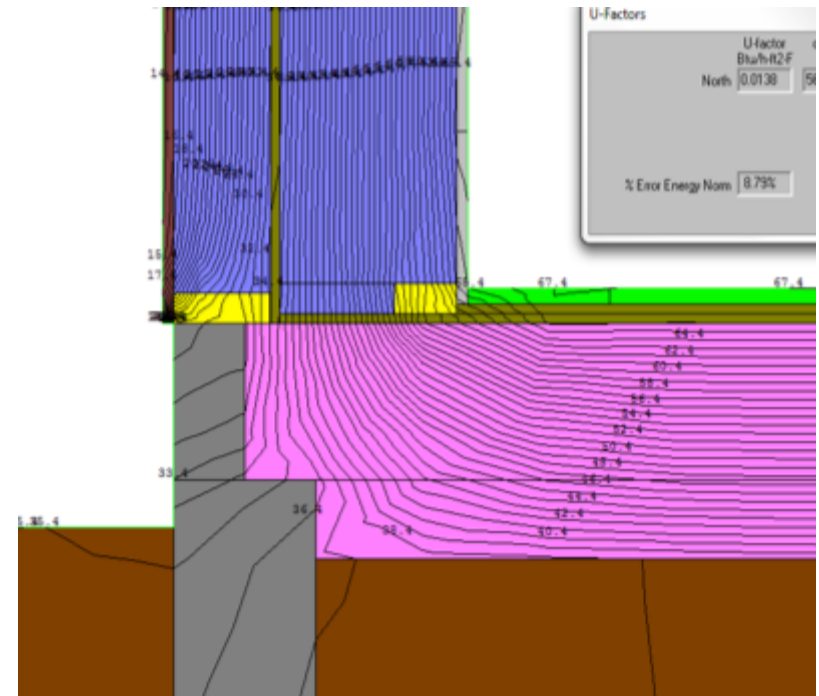
Source: Dryvit Systems, Inc. and The Dow Chemical Company

design coalition inc.

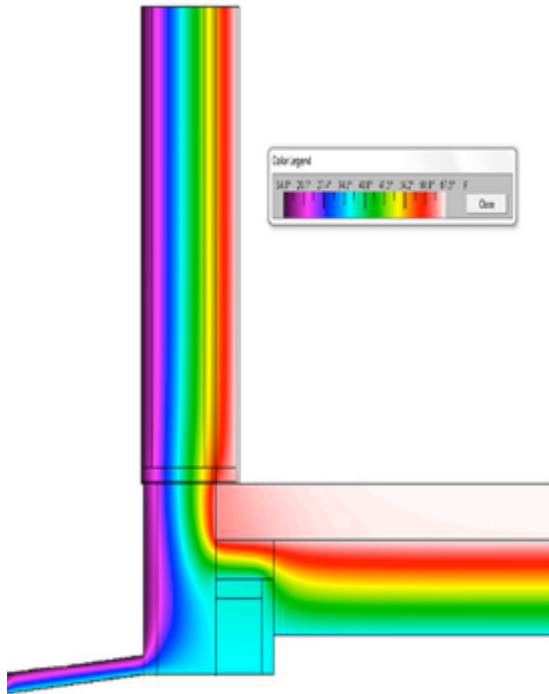
Example of Thermal Bridge Free Detail



The foundation to wall connection is one of the most challenging for thermal bridge free construction.



Example of Thermal Bridge Free Detail



Source: Tom Moore Builder



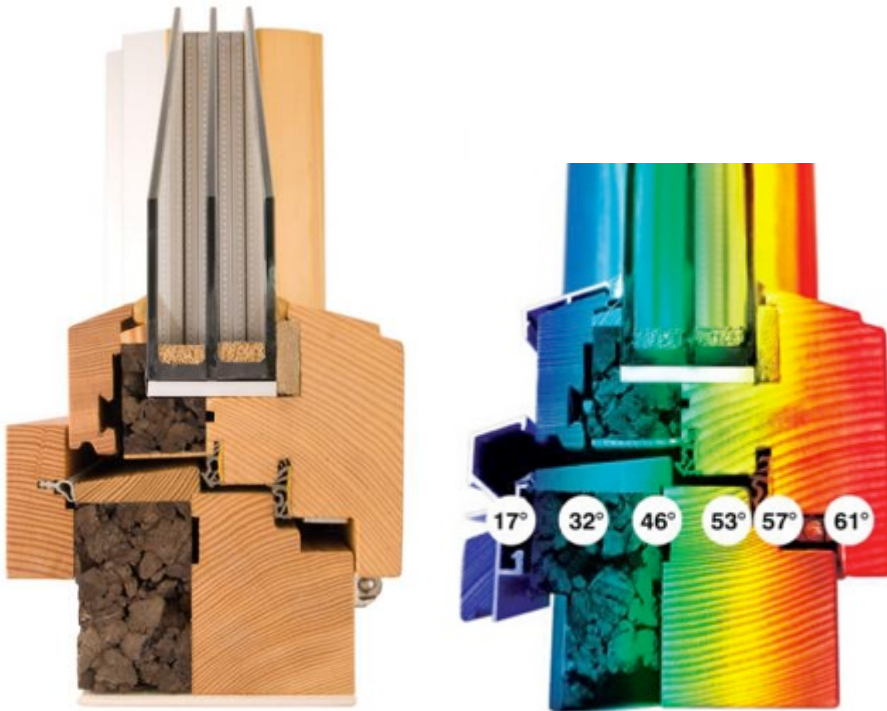
Source: Journal of Light Construction



Source: VOLKsHouse

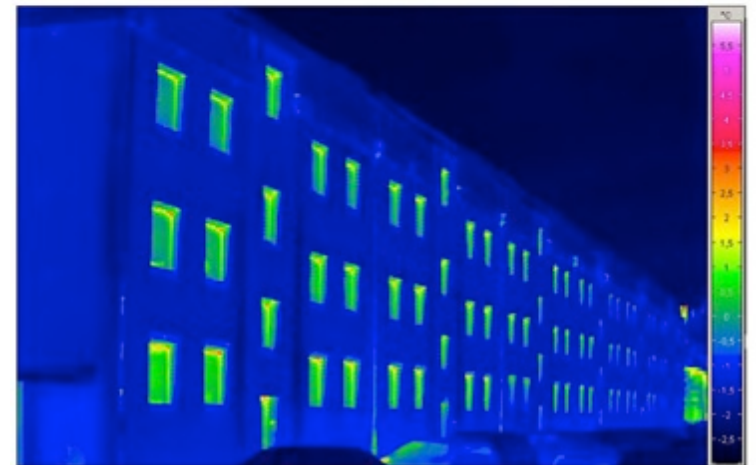
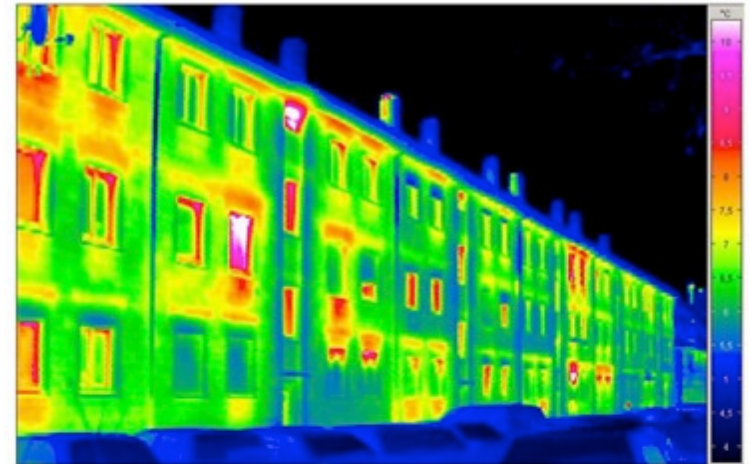
Thermally-broken, High-performance Windows and Doors:

Windows and doors present the other biggest challenge for thermal bridge free construction.



Passive House Certified Windows

Optiwin 3Wood R-8 (<http://www.optiwin-usa.com>)



Thermally-broken, High-performance Windows and Doors: ^ & air-tight!



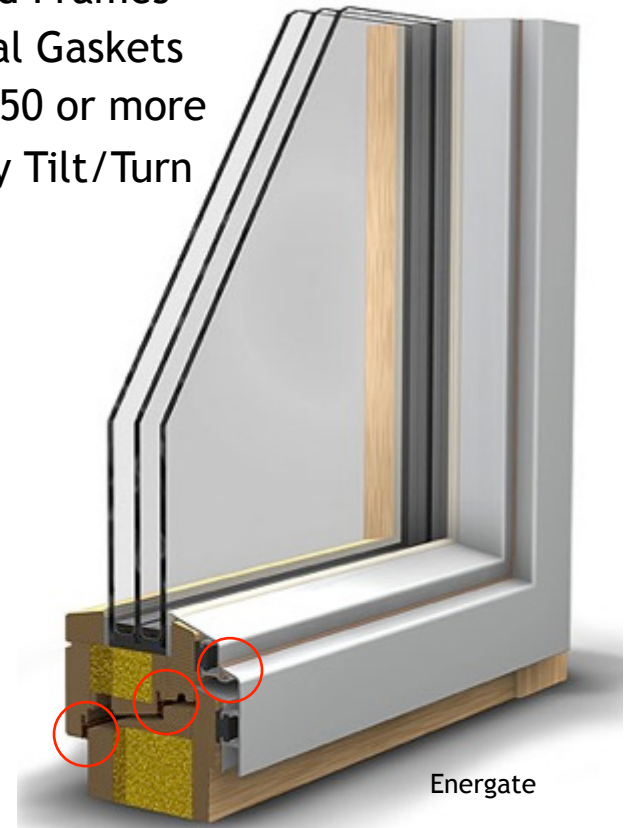
Marvin

Typical Passive House:

- Double Paned
- Metal Spacers
- Un-insulated Frames
- 1 Air Seal Gasket
- SHGC less than 0.50
- DH or Casement

Typical Passive House:

- Triple Paned
- Warm Edge Spacers
- Insulated Frames
- 3 Air Seal Gaskets
- SHGC 0.50 or more
- Typically Tilt/Turn

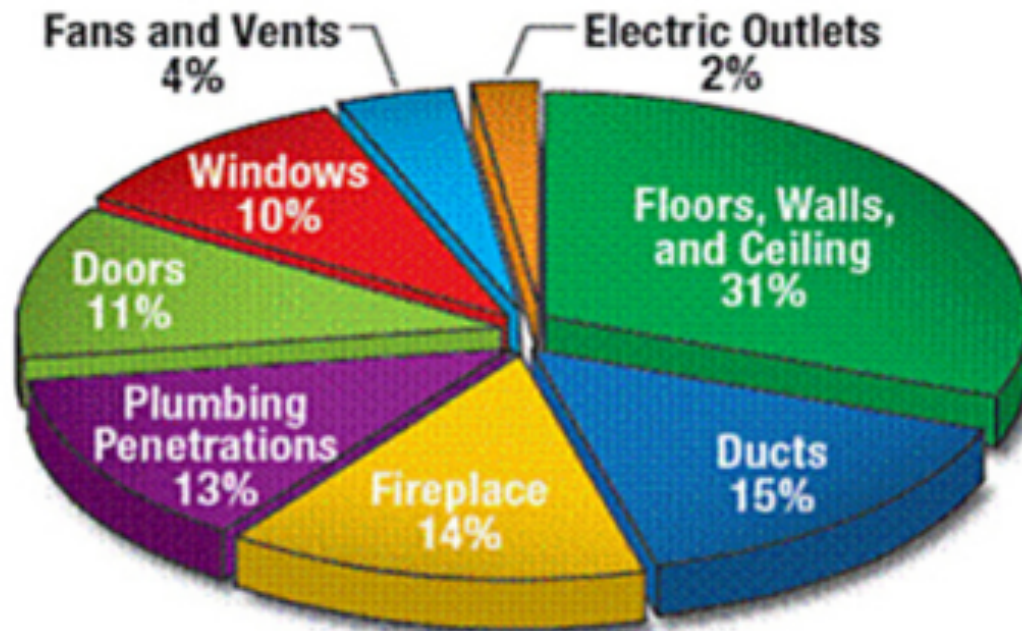


Energate

Air-Tightness

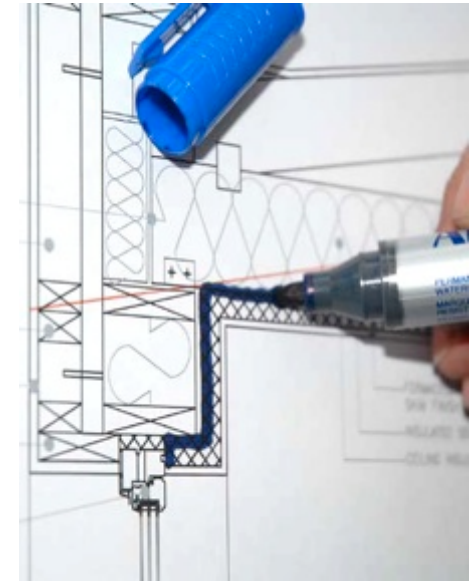
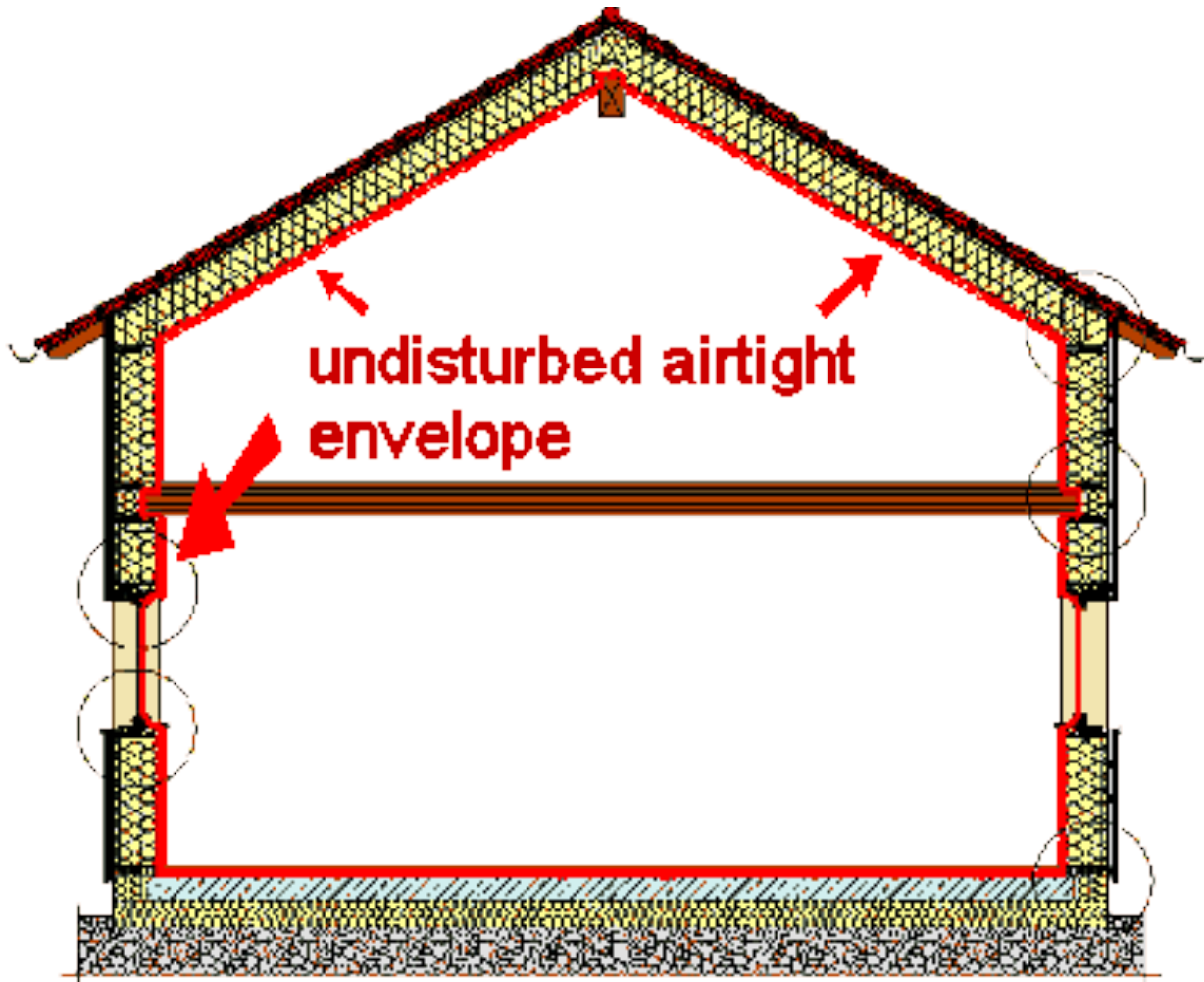
Air-Tightness

- Air infiltration & exfiltration account for a huge amount of heat loss.
 - Continuous air barrier typically under-valued & overlooked.
- Average US house: 3 ft² of holes
 - Typical 2500 ft² home: ½ mile of cracks



Air-Tightness

Continuous air-tight layer is needed (just like insulation).



Air-Tightness

- Minimizes moisture diffusion into wall assembly.
- Protects structural longevity and indoor air quality.
- Mold prevention (Sick Building Syndrome).



Air-Tightness

- Many different strategies.
- Location in wall matters!



Source: Passive VOLKsHouse



Source: Journal of Light Construction



Source: Hayward Design Build

Air-Tightness

- Connect the pieces to maintain continuous air barrier!



Source: BLDGtypblog



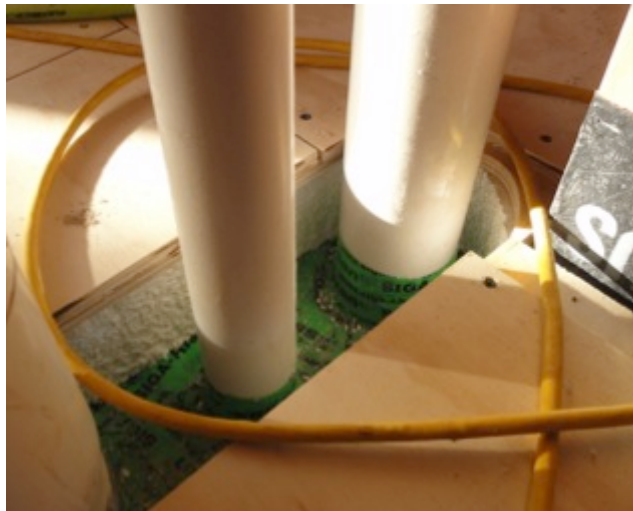
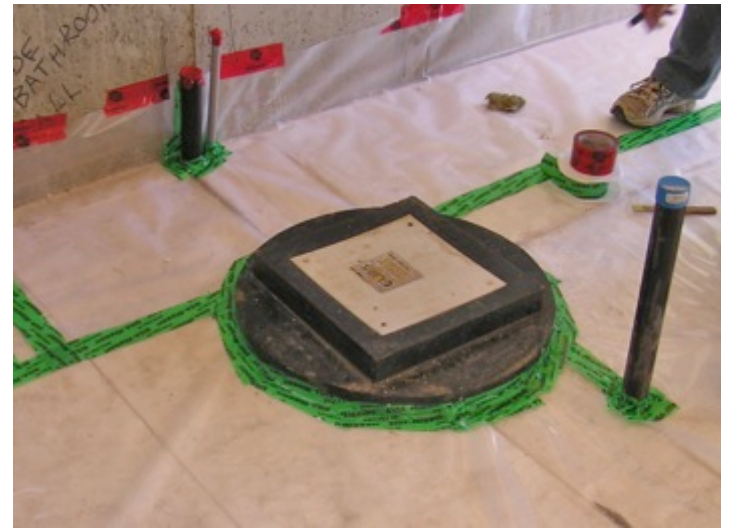
Example of floor to wall connection.

Example of wall to window connection.

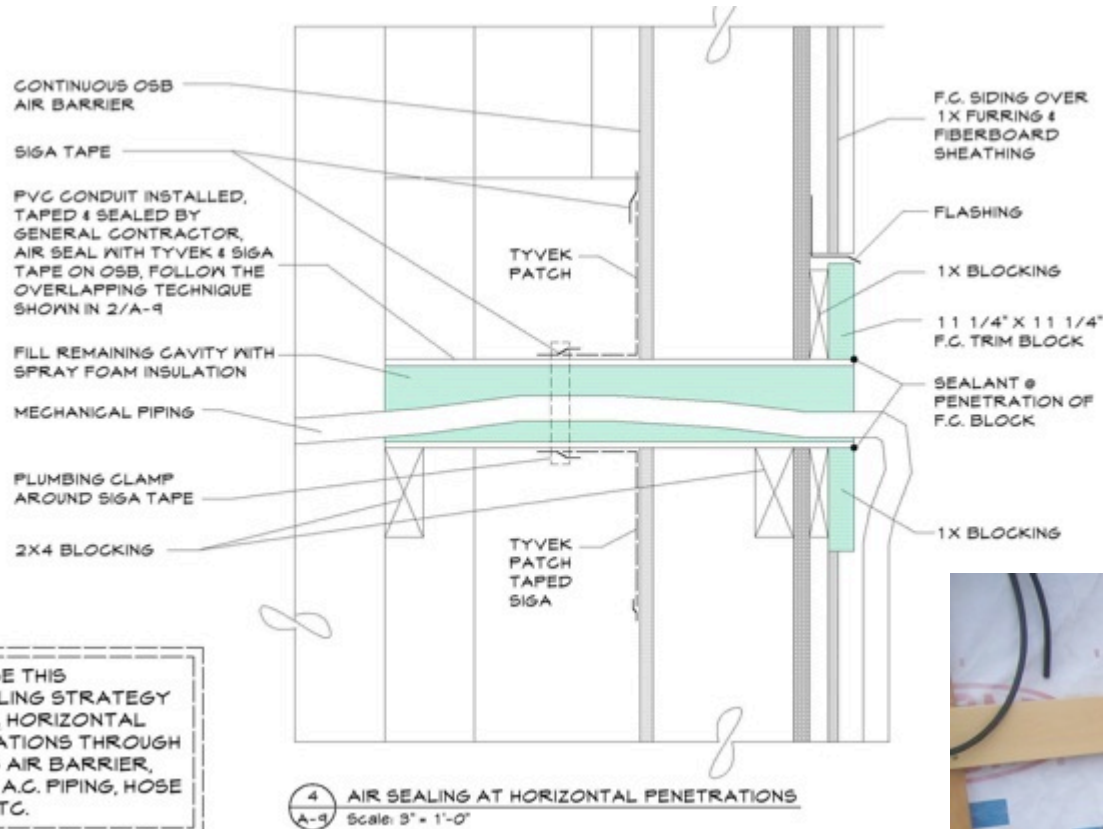
Air-Tightness

Seal all penetrations - even the smallest ones.

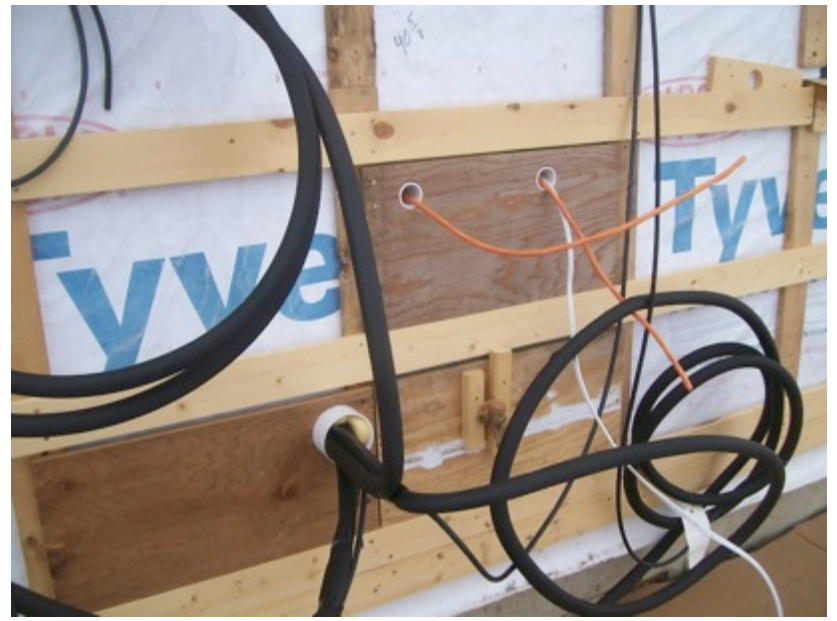
Helpful not to gang penetrations together.



Air-Tightness



USE THIS
INSTALLATION STRATEGY
FOR ALL
PENETRATIONS THROUGH
THE AIR BARRIER,
E.G. PIPING, HOSE
ETC.



Air-tightness: Quality Assurance

Educate the sub-contractors – they will all interact with the air barrier at some point.



Blower Door Test: Test air-tightness before insulation is installed. Seal up air leaks and repeat.

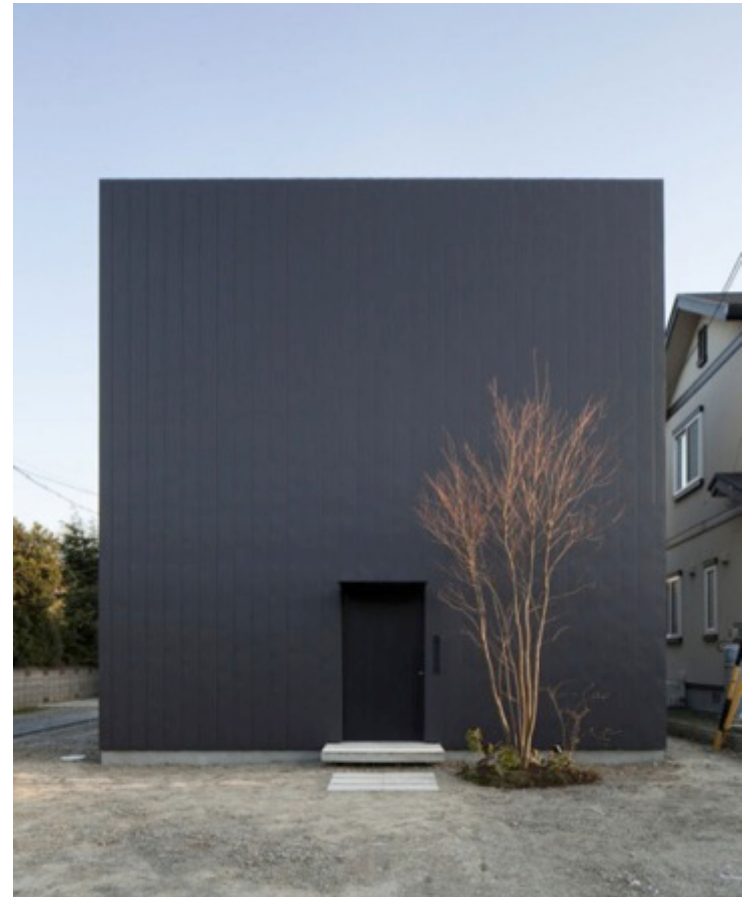
Optimized Solar Gains

Optimize Solar Gains

- Not too much, not too little - depends on climate.
- Generally most on south side, least on north side.



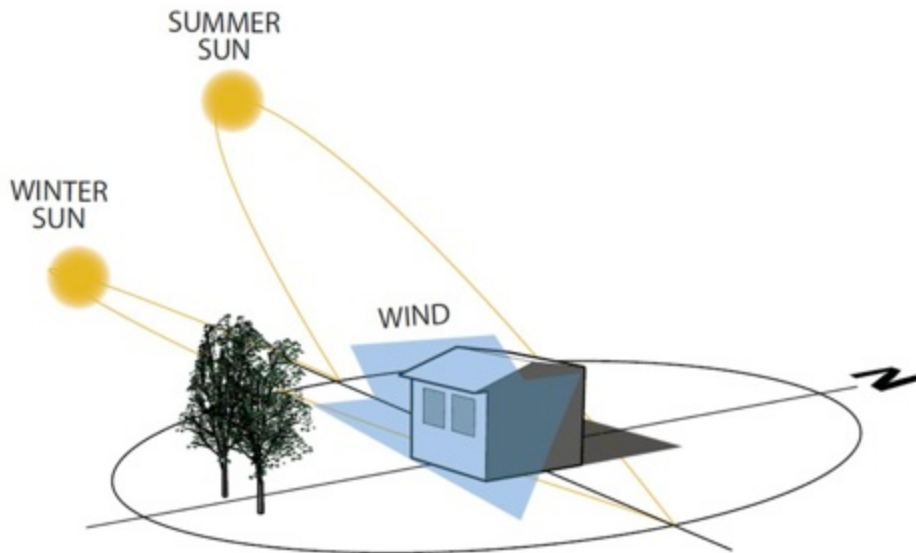
Overheating



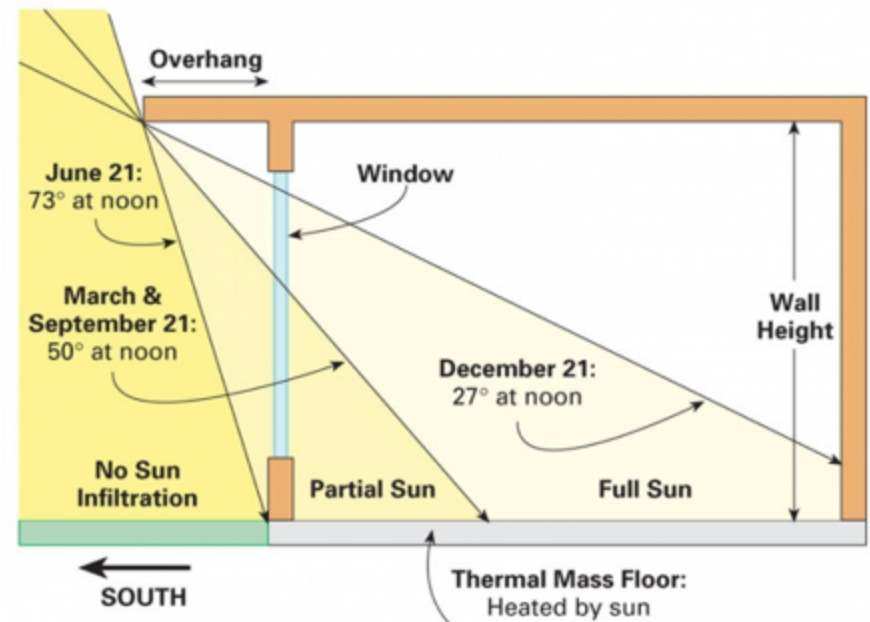
Missed opportunity

Optimize Solar Gains: Building Orientation & Site Context

- Solar heat gain in winter
- Adjacent trees and buildings

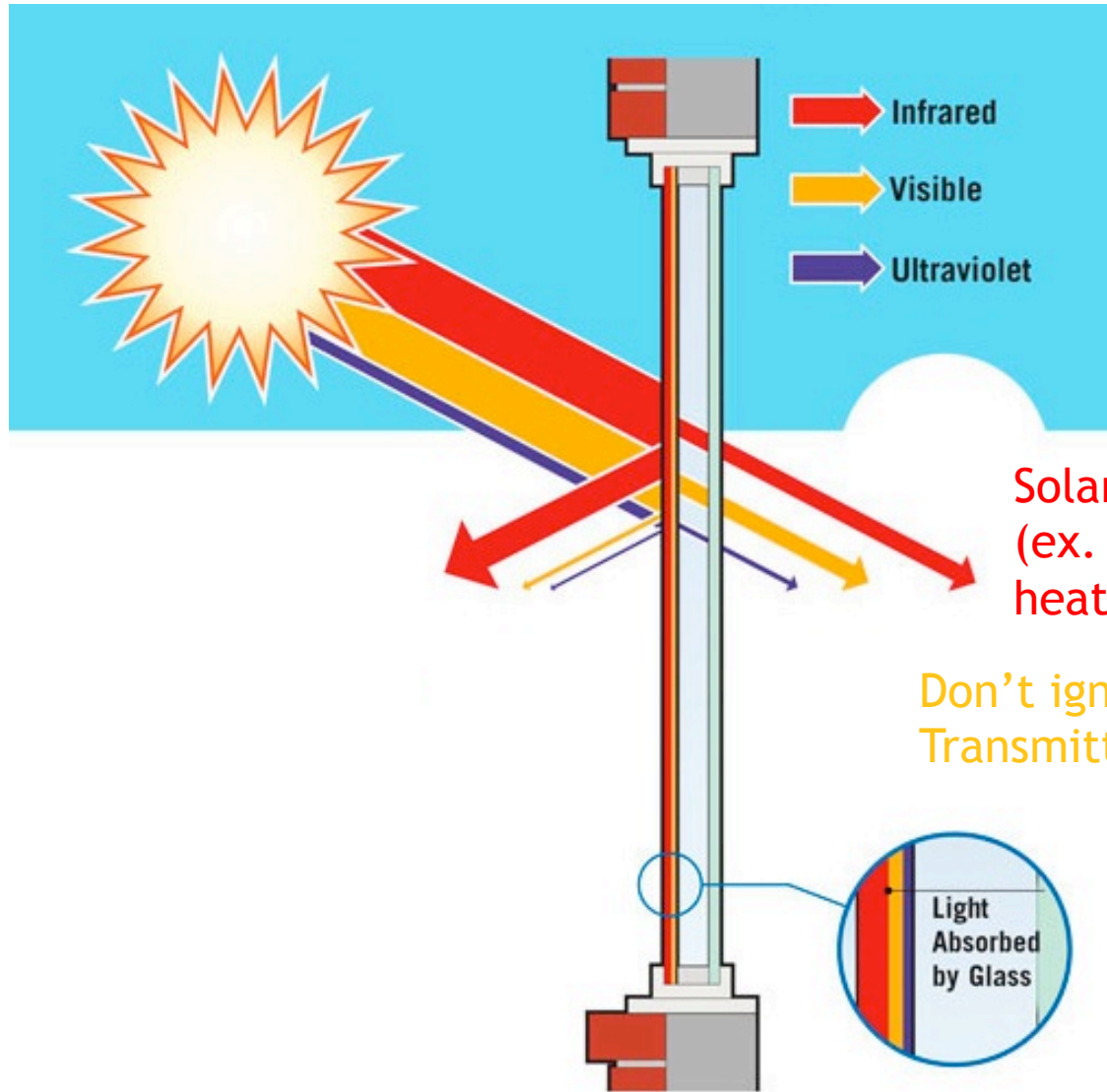


Graphic: Lighthouse Sustainable Center
Source: Passive Design Tool Kit



Source: Homepower.org

Optimize Solar Gains: Glazing Specs

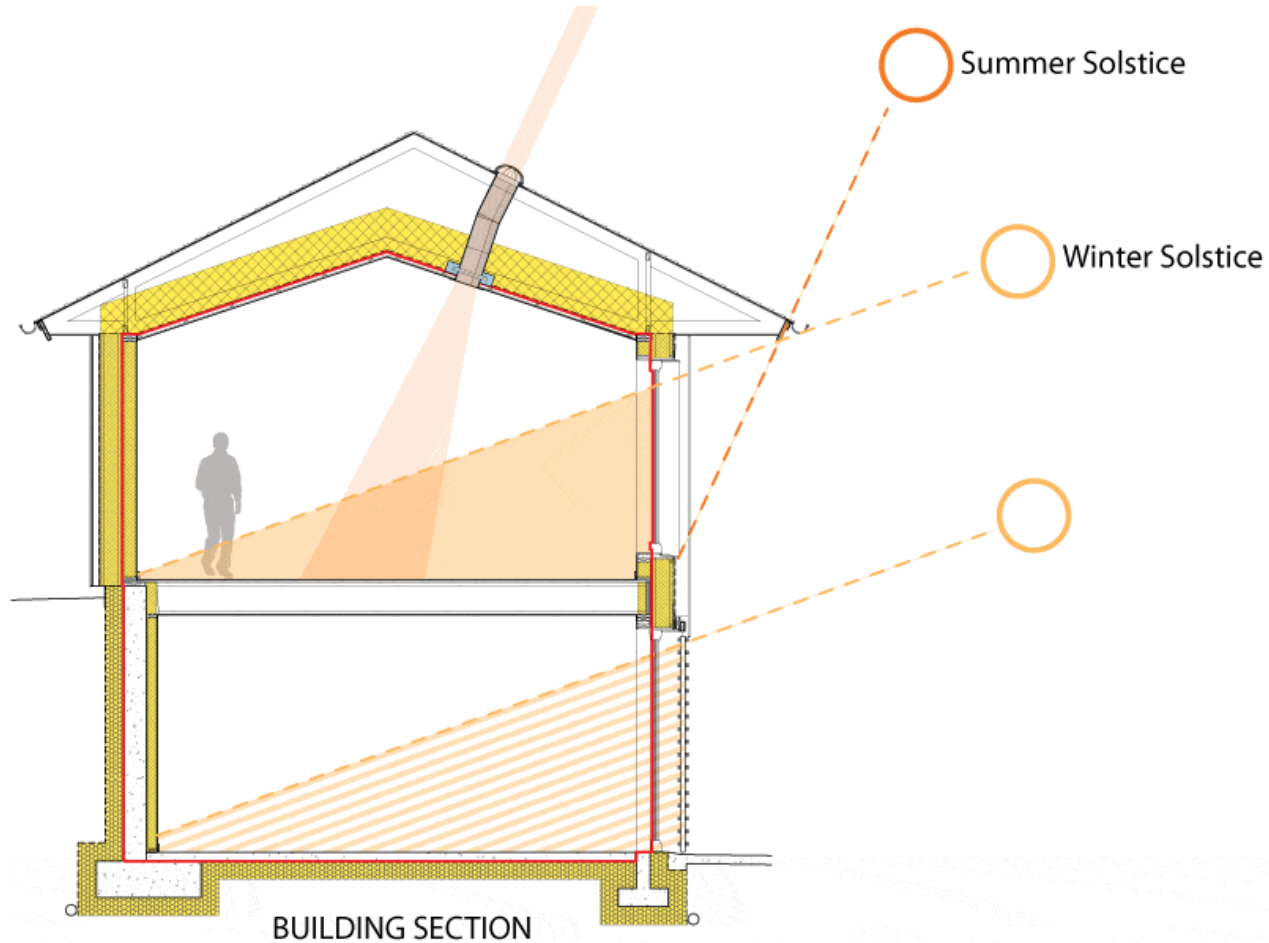


Solar Heat Gain Coefficient
(ex. SHGC 0.52 = 52% solar
heat transmitted)

Don't ignore Visible Light
Transmittance (VT)!

Optimize Solar Gains: Shade in Summer

- Correct size and placement is important!
- Avoid summer overheating.



Source: Hammer & Hand

Optimize Solar Gains: Shade in Summer

- Many shading strategies.
- Aesthetic opportunity.



Source: Hammer & Hand

Sliding shading panels



Curt Hofer & Associates

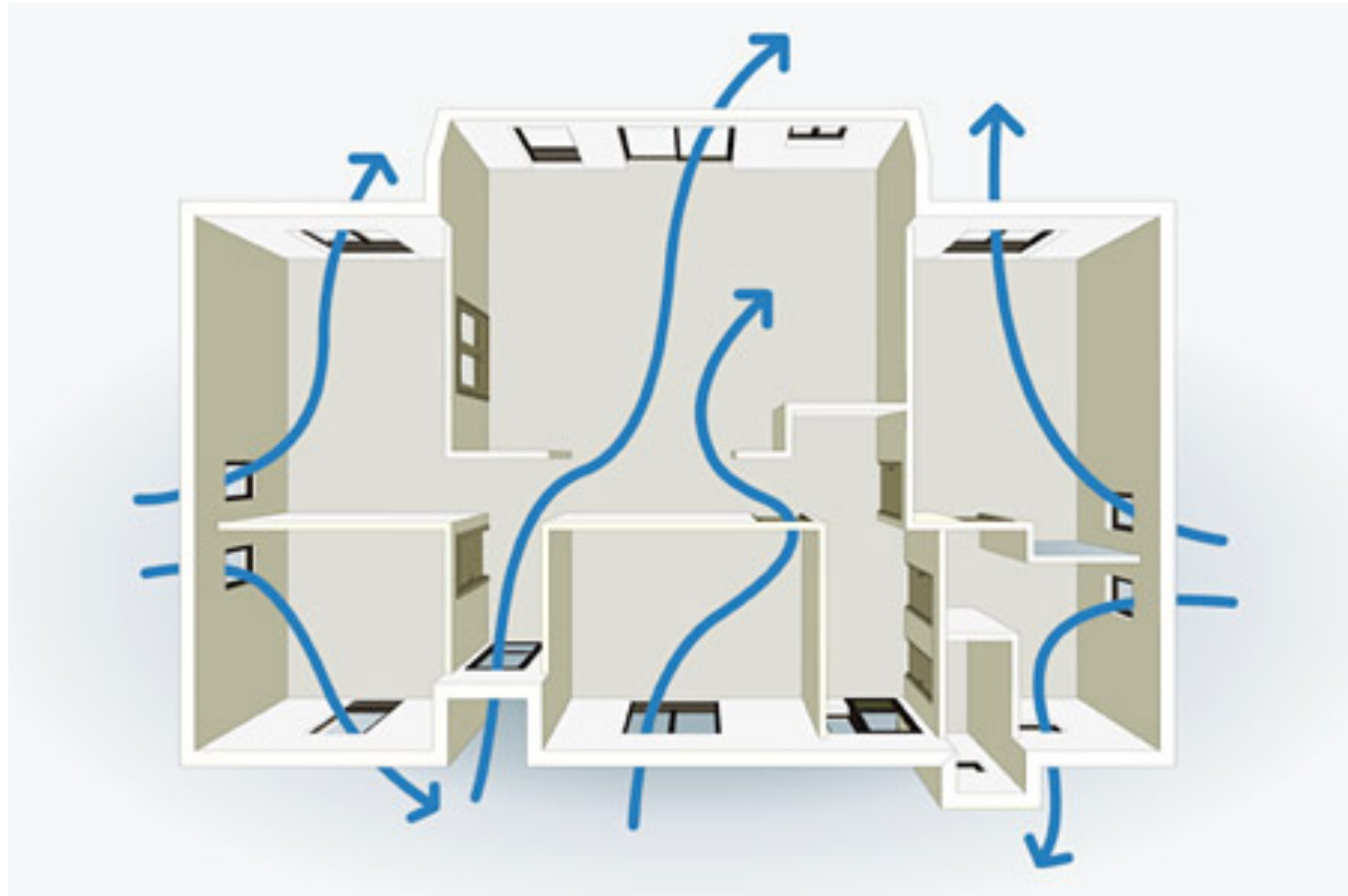
Porches

Canopies & Roof Overhangs



Windows should open!

- Natural ventilation conserves energy

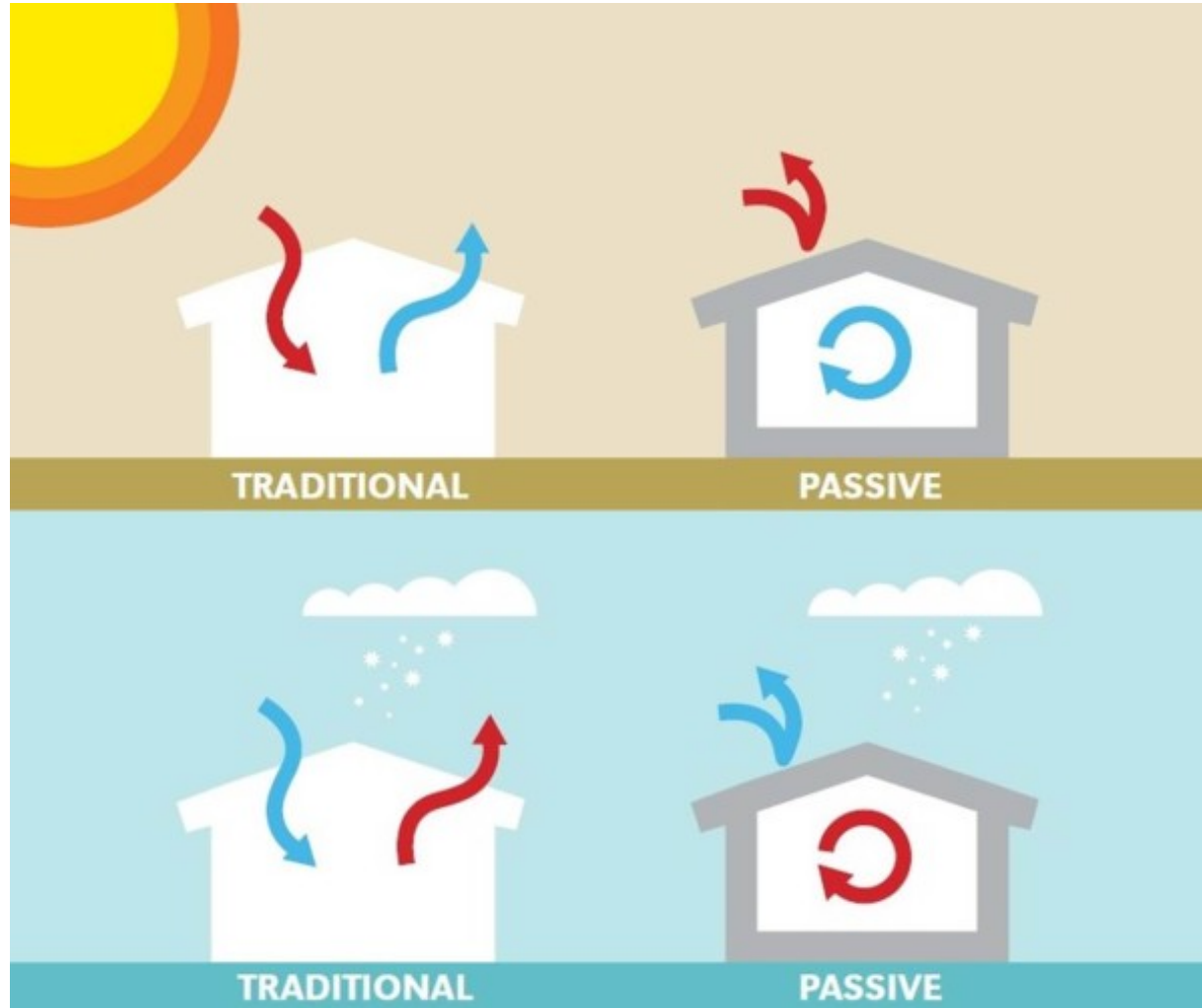


Source: Solartec

Indoor Air Quality & a Minimized Mechanical System

Indoor Air Quality

- Uncontrolled vs. controlled ventilation
- Controlled ventilation is healthier & more energy-efficient.



Indoor Air Quality & Balanced Heat Recovery Ventilation:

- Constant, filtered fresh air (reduces allergens, pollutants, etc.)
- Heat from outgoing air transferred to incoming air.

COLD FRESH AIR FROM OUTSIDE

Fresh oxygen rich air from the outside is pulled into the unit's advanced filtration system to remove smoke particles, pollen, and other allergens and pollutants.

WARM STALE AIR FROM INSIDE

Moisture, Odors, Allergens, VOCs, CO and CO₂ and other indoor air pollutants are pulled into the unit.

COOL STALE INDOOR AIR

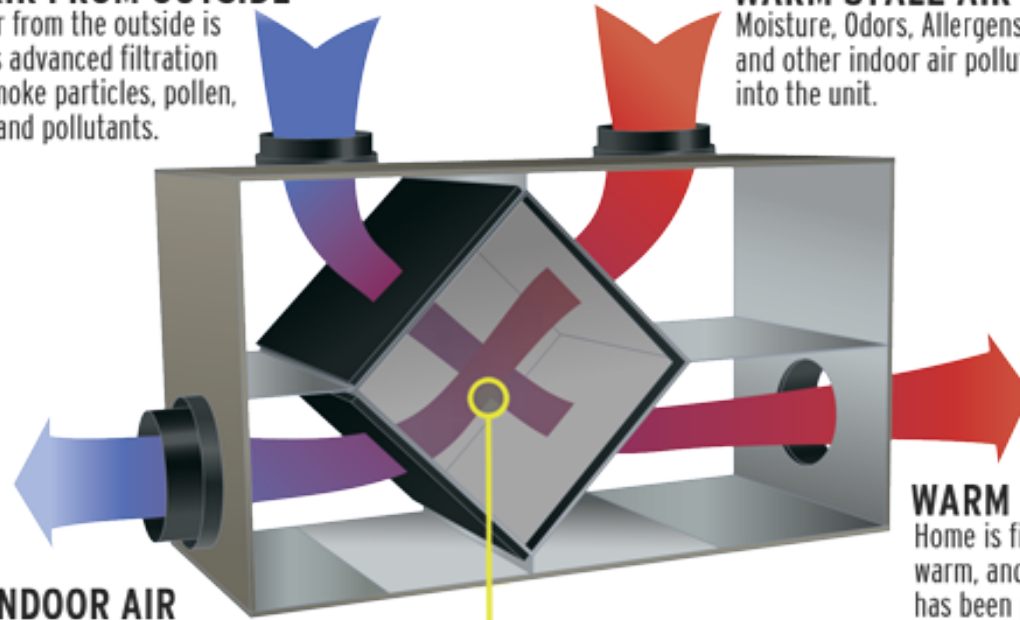
After the heat is removed from the stale indoor air this air becomes cool and is exhausted outside.

ENERGY RECOVERY CORE

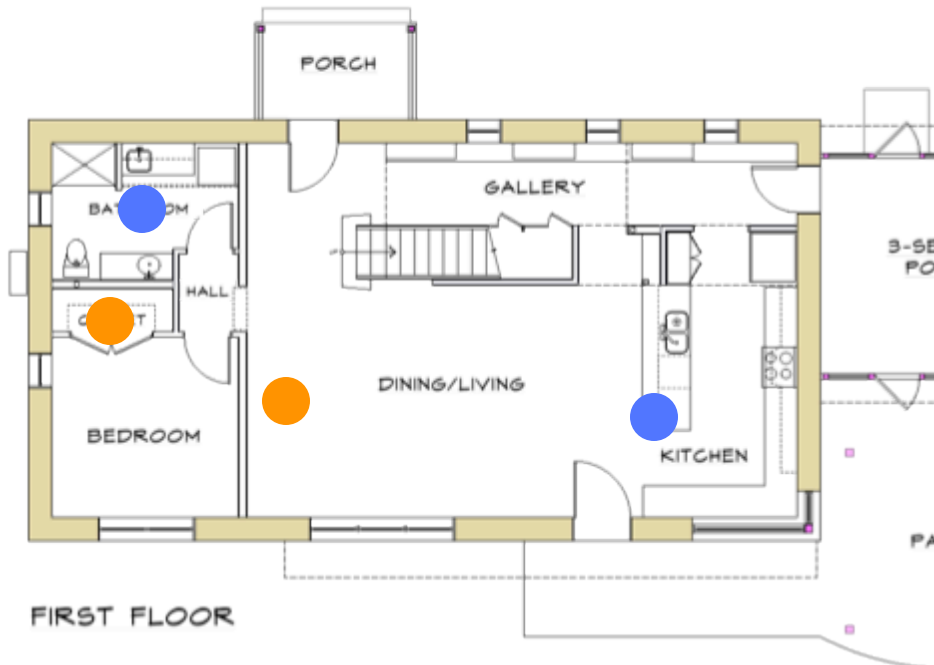
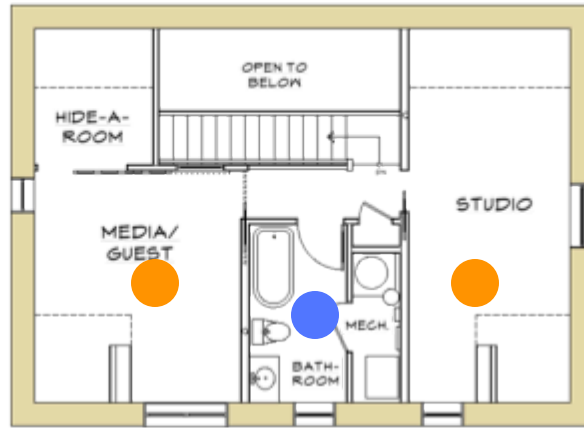
Heat from the stale indoor air is transferred through the unit's core to warm the cold fresh air before it enters the home.

WARM PURIFIED AIR

Home is filled with fresh, warm, and oxygenated air that has been purified and tempered by the unit, creating a healthy, efficient, and odor free indoor environment.



- Supply
- Exhaust



Fresh air is supplied to living spaces & exhausted from bathrooms, kitchens, laundry.



Zehnder ComfoAir
350 ERV

Balanced Heat Recovery Ventilation:

- Low velocity
- Ventilation Ductwork fits within 2x4 wall and is flexible.



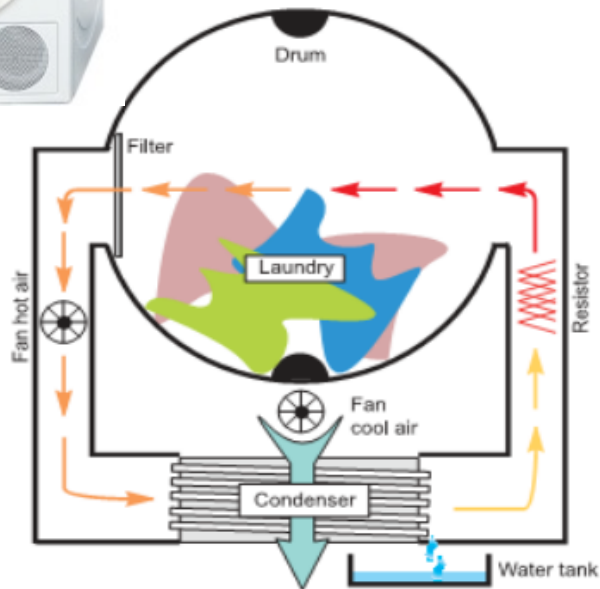
Balanced Ventilation & Direct-Vent Appliances

- Air is exhausted without recovering the heat.
- Can throw off the balance of the ventilation system.
- Compromise the air tightness of the building - lack of good dampers.
- Examples of direct vent appliances: clothes dryer, range hood, fireplace.



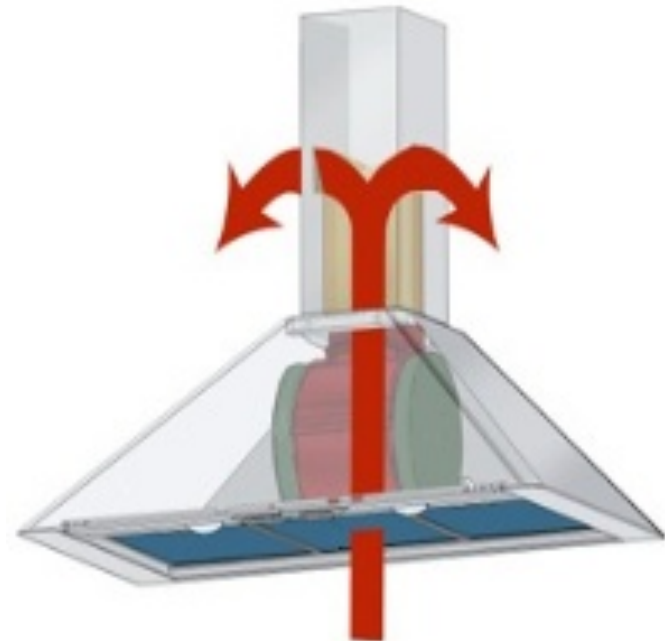
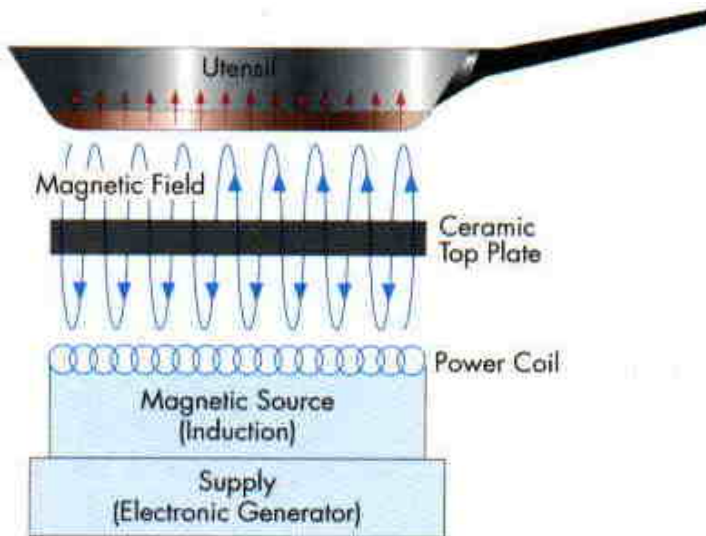
Clothes Dryer Options:

- Remove the laundry from the air tight envelope.
- Condensing dryer instead of traditional dryer.
- Opt for no dryer - use racks & lines - lifestyle choice.



Range & Hood Options:

- Select an electric, halogen or induction cooking appliances that can use recirculating range hoods (gas stoves need to exhaust due to combustion).
- Select the lowest possible CFM range hood and work with the ERV supplier to address system balance concerns.



Fireplace options:

- Traditional fireplaces kick out way too much heat for a PH.
- Move fireplace out of thermal envelope (ex. Screened porch)
- Choose a closed combustion, low-BTU wood stove.



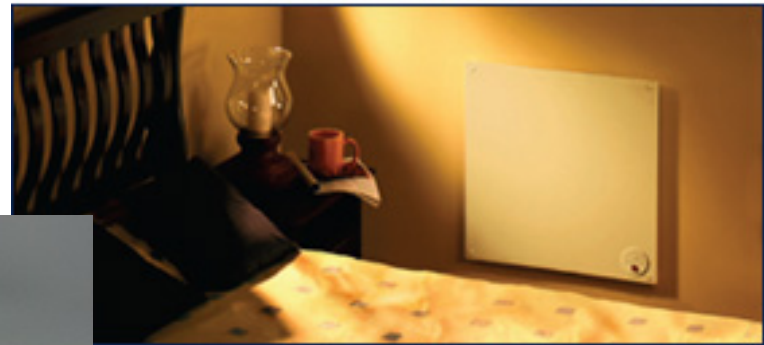
Source: Rika



Newenhouse Passive House, Source: Inhabitat

Minimized Mechanical System

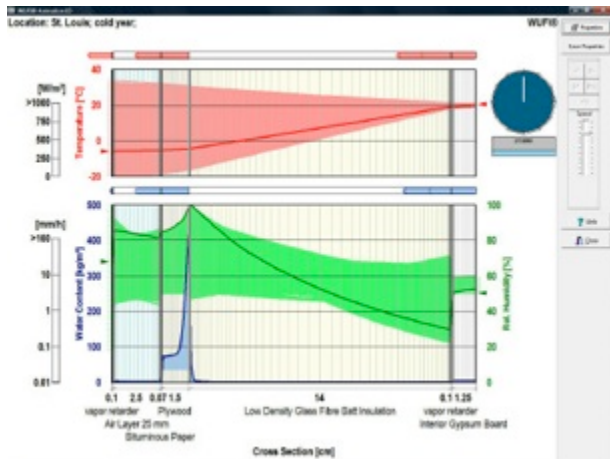
- Passive Houses have tiny loads.
- Ex: Root River House Peak Heat Load: 6,503 BTU/hr
- Smallest available furnace = 35,000 - 40,000 BTU/hr



Computer Modeling

Energy, Moisture, & Thermal Modeling:

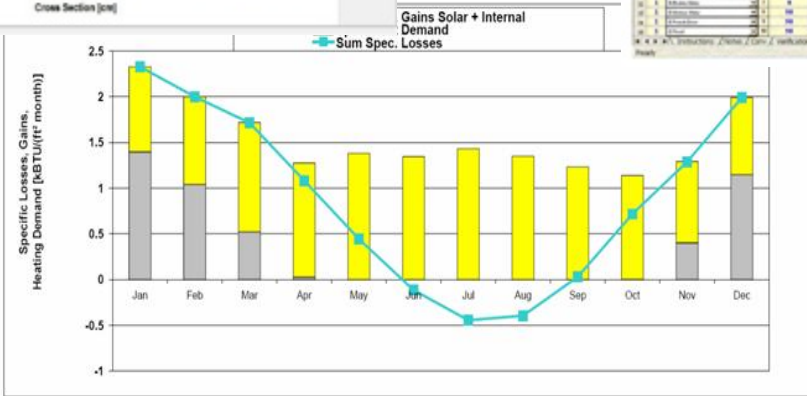
- Passive House Planning Package (PHPP) – energy modeling
- Optimize the envelope, window sizes, shading, insulation levels, etc.
- WUFI Passive – energy and hygro-thermal (moisture/condensation risks)
- THERM – thermal bridges analysis



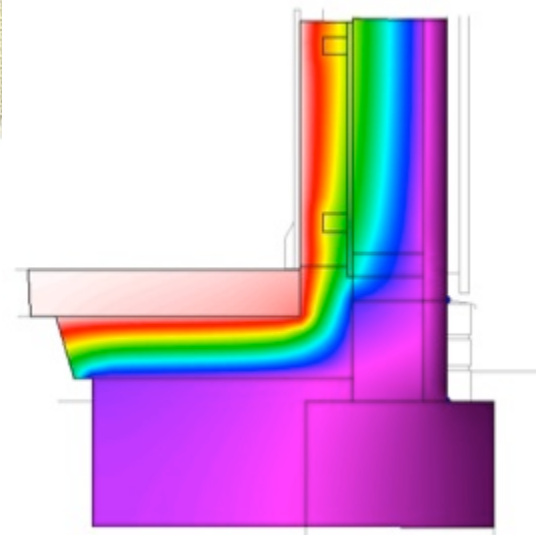
Passive House Planning

REDUCTION FACTOR SOLAR RADIATION, WINDOW U-VALUE

Window Area Orientation	Window Area [m²]	Window Factor	Window U-value [W/m²K]	Window Transmittance	g Value [W/m²K]	Reduction Factor for Solar Radiation	Window Area [m²]	Window U-value [W/m²K]	Window Transmittance	Average Annual Production	Heating Degree Hours	Heating Degree Hours	Heating Degree Hours
East	102	0.41	1.06	0.95	0.702	0.43	6.39	1.06	0.95	4.1	417	2007	2007
South	1020	0.41	1.06	0.95	0.770	0.76	6.66	10.73	2.05	6.4	6999	2007	2007
West	612	0.39	1.06	0.95	0.605	0.43	6.39	6.62	1.07	6.2	647	102	102
North	202	0.41	1.06	0.95	0.647	0.43	6.66	2.03	1.05	1.4	102	102	102
Rectangular	202	0.39	1.06	0.95	0.605	0.43	6.66	2.03	1.05	1.4	102	102	102



23903	kBtu/yr	4.5	kBtu/(ft²yr) Reference to habitable area
24355	kBtu/yr	4.6	kBtu/(ft²yr) Reference to habitable area





The main take-aways:

- Conserve first through good design -- then renewables.
- Integration is key.
- Educate the entire construction team on the Passive House goals - especially on air-tightness.
- Details are everything!!

Passive House: The Standard & Certification



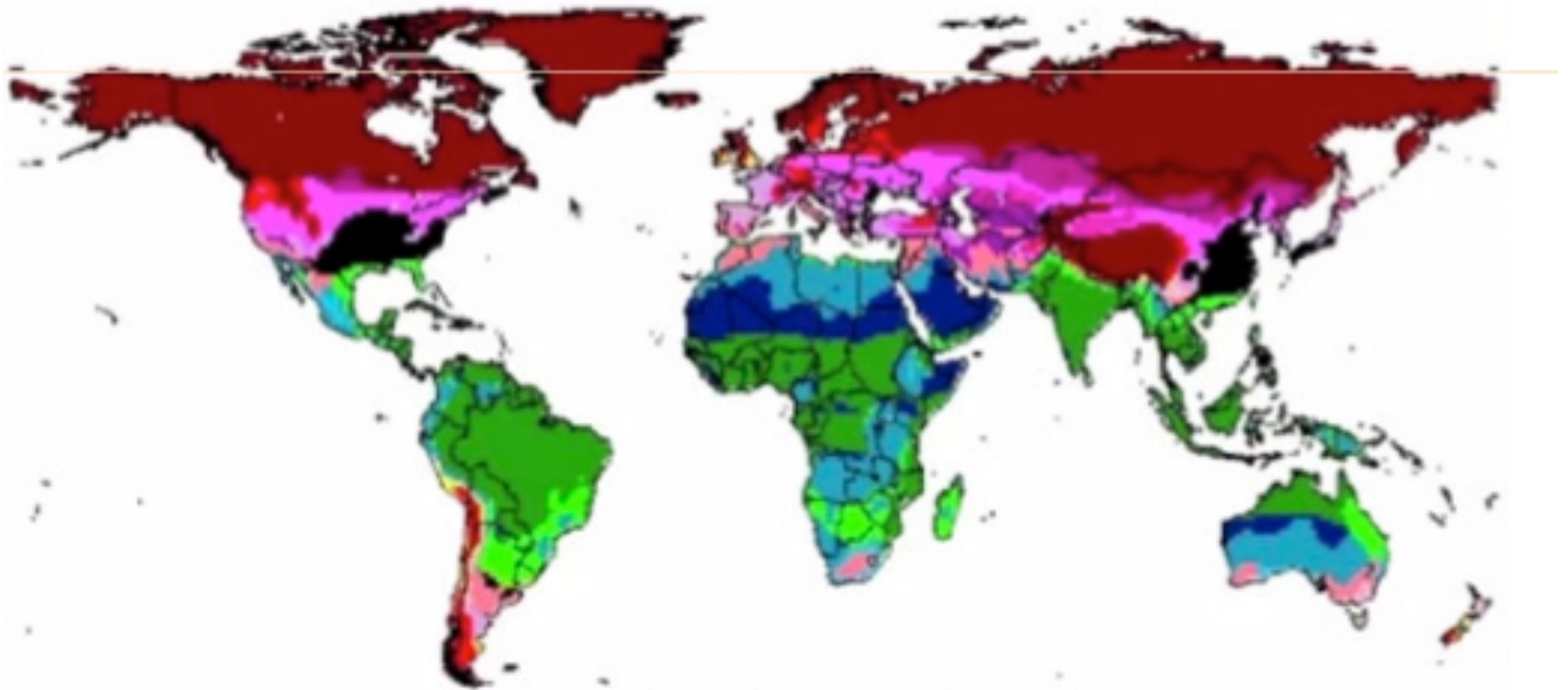


Passive House certification criteria
have changed...
but the methodology has NOT!

Passivehaus criteria optimized for German climate:

Annual Heat/Cooling Demand	• ≤ 4.75 kBTU/ft ² yr (15 kWh/m ² a)
OR	
Peak Loads (heating/cooling)	• ≤ 3.17 BTU/hr.ft ² or 0.93W/ft ² (10 W/m ²)
Primary Energy Demand	• ≤ 38 kBTU/ft ² yr (120 kWh/m ² a)
Airtightness	• ≤ 0.6 ACH ₅₀

One size fits all approach does not work in North America...



Graph Courtesy of Global Buildings Performance Network

THE CONCEPT CONTINUES TO DEVELOP CLIMATE SPECIFIC METRICS

VARYING CLIMATES – DIFFERENT METRICS?



Main issues:

- In colder climates, old criteria are not cost-optimal.
- In warmer climates, cost-feasible energy savings left on the table.
- Air-tightness requirement was based on SF of floor area rather than SF of building envelope (allowing large buildings to be leaky than small buildings).
- Primary Energy was based on SF, rather than a “fair-share” per/person requirement.
- Tendency towards overheating.
- Assumed energy-use defaults for lighting and plug loads were too low compared to actual use by the average North American.
- Certification did not allow for the use of solar-electric.



Climate Specific & Cost Optimal Standards

Developed by US Industry



Used NREL BEopt program to determine cost-optimized performance targets by climate that represent the “sweet spot” where aggressive carbon & energy reduction overlap with cost-effectiveness.



Goal of pushing forward on the path to net-zero.

New Climate-Specific Metrics



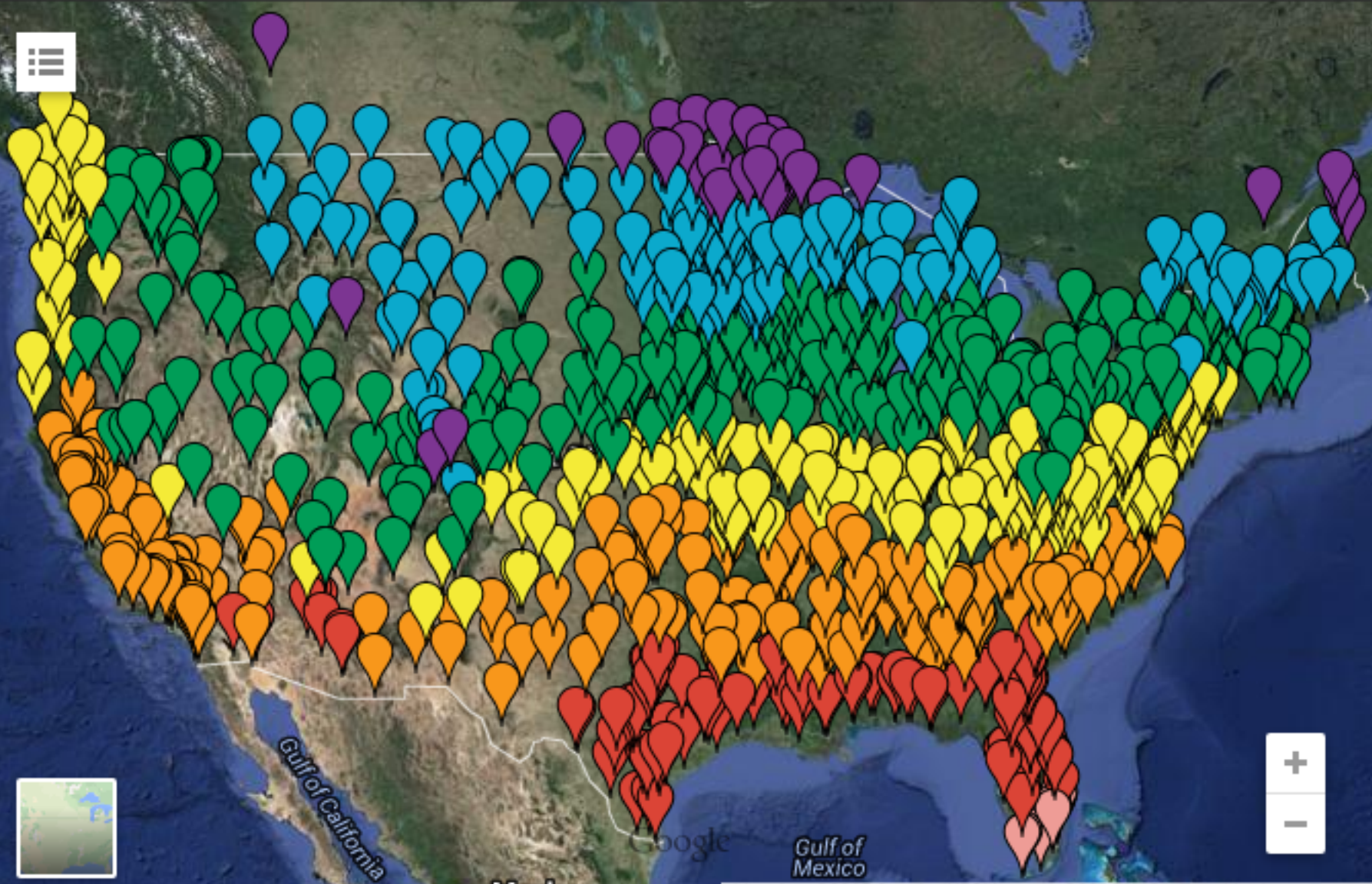
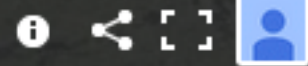
Passive House Institute US

Annual Heat & Cooling Demand	• Varies by climate	← Sliding scale by climate, cold climate example
Peak Loads	• Varies by climate	← Sliding scale by climate, cold climate example
Primary Energy Demand	• ≤ 4200 (6200 TEMP) kWh/person	← Change to a per person metric for residential and some PV counts
Airtightness	• ≤ 0.05 cfm⁵⁰/ft² envelope	← ACH50 does not scale for larger buildings

and



PHIUS+ 2015 Passive Building Standard - North America

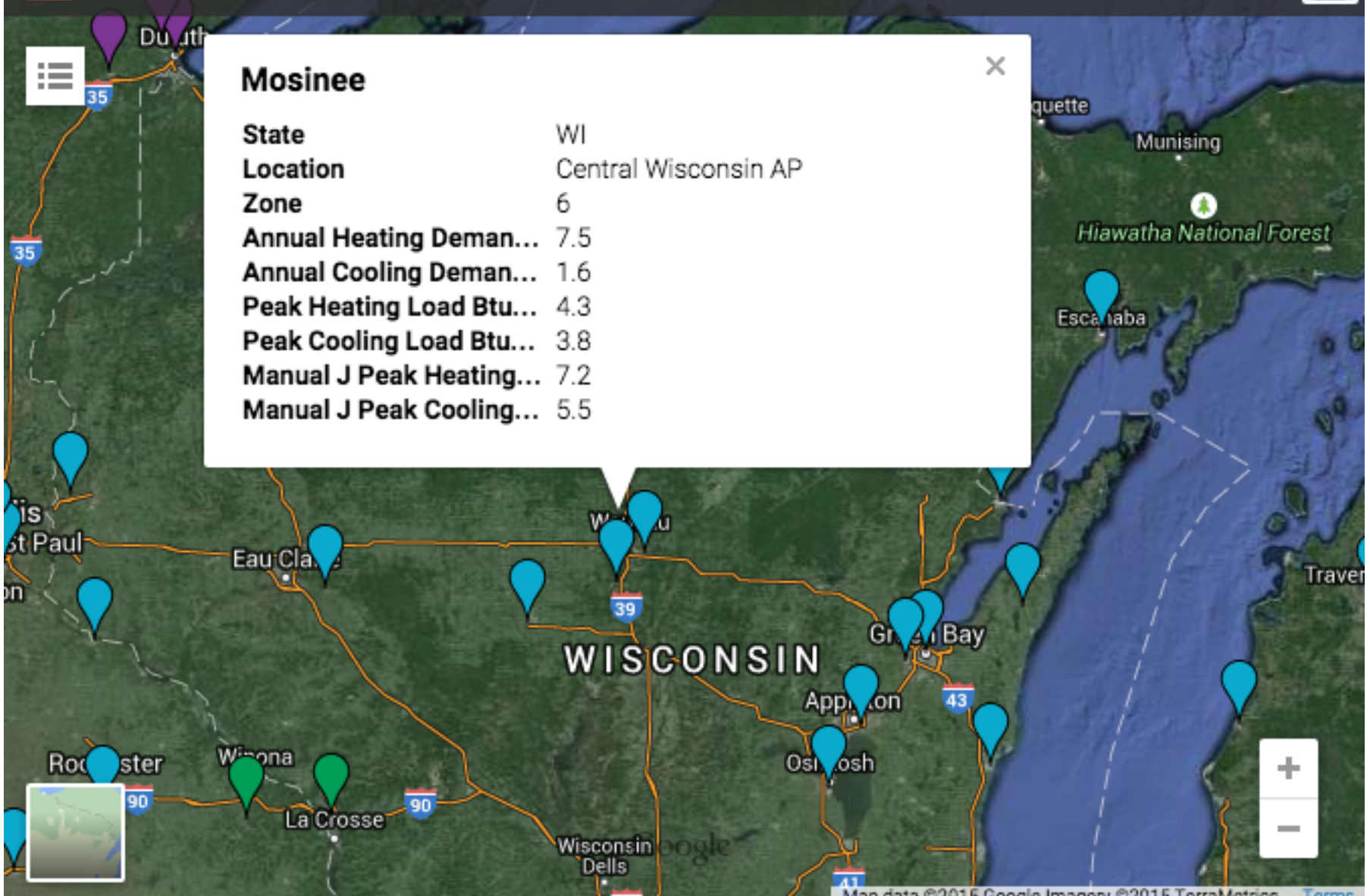


Map data ©2015 Google, INEGI Imagery ©2015 NASA, TerraMetrics [Terms](#)



Mosinee

State	WI
Location	Central Wisconsin AP
Zone	6
Annual Heating Deman...	7.5
Annual Cooling Deman...	1.6
Peak Heating Load Btu...	4.3
Peak Cooling Load Btu...	3.8
Manual J Peak Heating...	7.2
Manual J Peak Cooling...	5.5





Passive House Institute US

www.PHIUS.org

PHIUS+2015 Certification

- Full review of project plans, details, & energy model.
- Blower door test required.
- Cost of Certification is \$1,000-\$2,000 depending on SF and involvement of CPHC.
- PHIUS-approved RESNET Rater evaluation, site inspections, and QA/QC report.
(additional cost to hire)
- Includes the assignment of a HERS Index (eligibility for LEED for Homes and Energy Star).
- Earn DOE Zero Energy Ready Home status.

Cost & Affordability



How much?

U.S. PH projects:

- More research needed.
- 2%-15% cost increase over standard construction.
- Need to start integrating PH strategies from the beginning of project!
- Depends on how “fancy” you get.
- Increased up-front cost offset by massive energy use reductions.
- Elimination of conventional HVAC system (*also less maintenance cost*).
- More money available for better insulation and windows.
- Tiny loads make alternative energy sources more affordable.

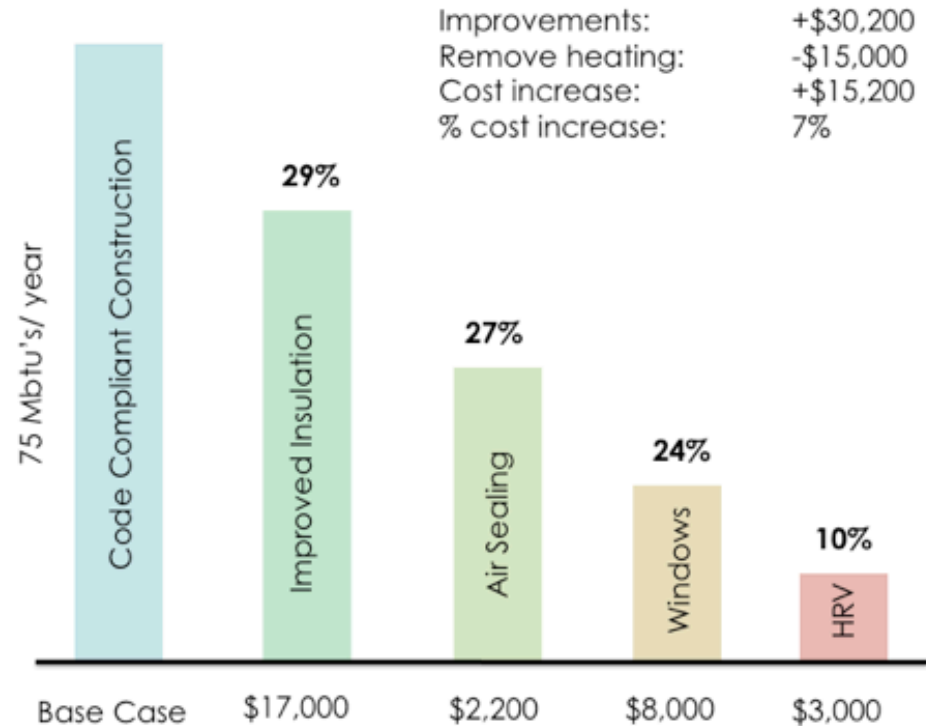
GO Home



Does not take into account:

- increased market value
- rising energy costs
- long-term operational cost savings

Passive House performance and cost increase by component based on the GO Home:



Source: GO Logic

Root River House - Cost Analysis

Monthly expense comparison

	Base Case House	Root River House
Total Construction Cost	\$338,610	\$383,570
20% Downpayment	\$67,722	\$76,714
80% Financed (30 yr. Mortgage @ 4.25% interest)	\$270,888	\$306,856
Monthly Mortgage Payment (P&I)	\$1,332	\$1,409
Approx. Monthly Energy Bill*	\$220	\$45
Total Monthly Cost	\$1,552	\$1,454

*Grid connection charge from power co-op is \$32/mo.

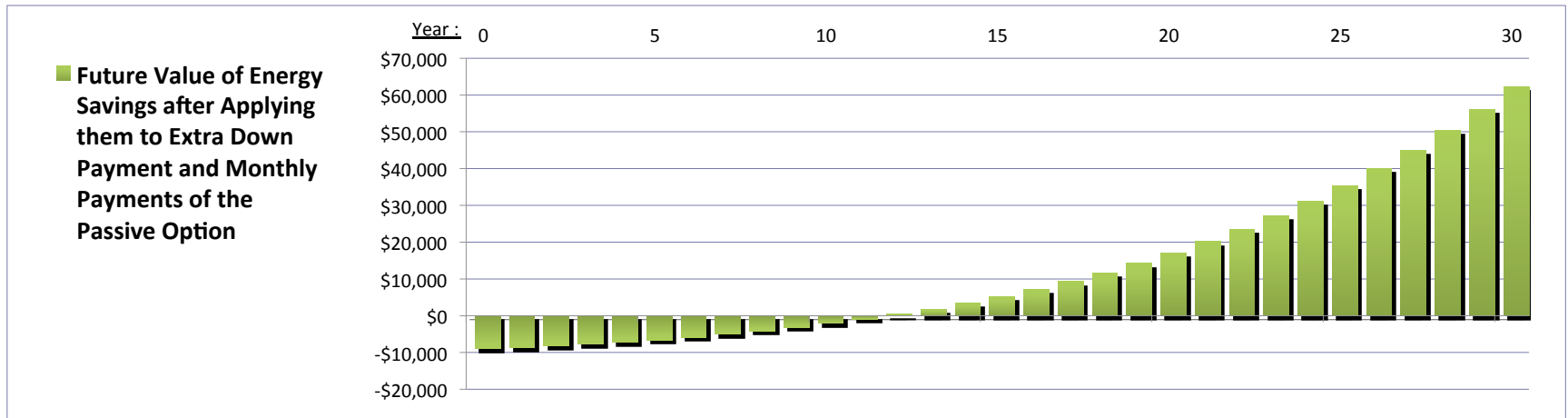
\$98 savings/month for the first year of mortgage

Root River House - Cost Analysis

Future Value & Rising Energy Costs

Cost of Home Options	Cost of Baseline Home	Cost to Upgrade to Passive House	Cost of Passive House
	338,610	13.28%	383,577

Energy Cost, Baseline Home (\$ per month)	220
Annual Rate of increase in Energy Costs Projected	3%
Energy Reduction from Passive House Approach (%)	93%



Areas below zero indicate that the extra down and monthly payments exceed the value of the energy savings to date.

When the value reaches zero, it's all gravy - and the energy savings each month will add up to a substantial sum!

INFORMATION PRESENTED BY: **Christi Weber, Design Coalition, Inc.**



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www.ArtisansGroup.com

Beyond the financial - the **REAL** Return on Investment

- No drafts, cold spots, or large temperature swings - surfaces are warm
- Healthy air
- Daylight and views to outside
- Acoustical benefits
- No fear (or less fear) of the unknown
(*weather, energy prices, power grid*)
- Reduction of personal ecological footprint



Energy-efficient homes have higher values.

- Market value of a home increases \$20 for every \$1 decrease in annual energy costs. - *The Appraisal Journal*
- Newly constructed homes with a HERS rating in Portland sold for 8% more, existing homes for 30% more. - *Earth Advantage Institute*



Energy-efficient homes sell faster.

- *Earth Advantage Institute*



The SAVE Act: Sensible Accounting to Value Energy [S.1106]

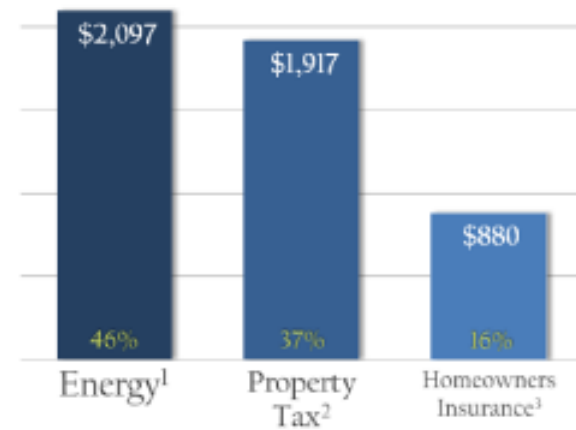
- Proposed legislation to improve accuracy of mortgage underwriting
- Would ensure energy costs are included in the underwriting process
- Borrower capacity adjusted for energy costs
- Home values reflect energy cost savings

Energy costs now exceed property taxes and insurance, which are accounted for in mortgage underwriting.

A homeowner who spends less on utilities will have more money to make mortgage payments.

Contact your Senators and Representatives - especially if he/she sits on Banking, Housing & Urban Affairs Committee.

Average U.S. Homeowner Costs
2009



© 2012 Institute for Market Transformation
www.imt.org/residential-finance

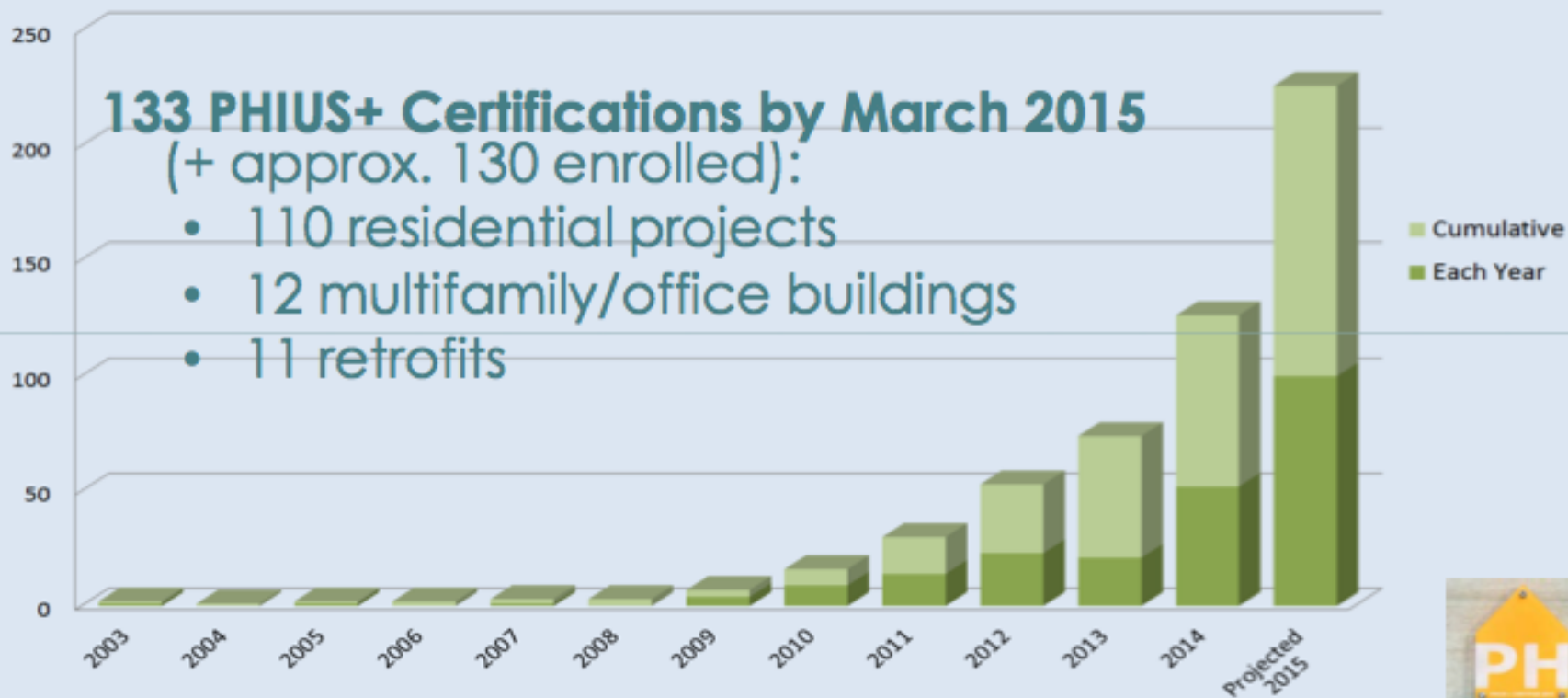


More information: www.imt.org/save-act

Passive House Case Studies abound!

PASSIVE HOUSE US DATABASE

PHIUS+ Certified Projects



Source: www.phius.org

PHIUS/ZERH CERTIFIED PROJECTS

Wisconsin Examples

SWIPHT House, by Western Technical College, LaCrosse, WI



Newenhouse Home, Viroqua, WI



"Passive House in the Woods", Hudson, WI

Other U.S. Residential Examples



Lema House, River Forest, IL



Hudson Passive Project, Hudson, NY



G.O. Home



Oregon Passive House, Portland, OR



Breezeway House, Salt Lake City

Multifamily U.S. Examples



TrekHaus, Portland, OR



02Haus, Portland, OR



Stellar Passive House Apartment Building
Eugene, OR

Commercial U.S. Examples



Glasswood Passive House Retrofit,
Portland, OR



Center of Energy Efficient Design,
Rocky Mount, VA



Waldsee Biohaus School, Bemidji, MN
First Certified Passive House in the US

Schools and Commercial Examples in Europe



Retrofit: The Drexel & Weiss factory



Primary School in the UK



Office Tower in Austria



Montessori School, Germany

Case Study @ Noon on Saturday!!!

The Root River House

A Net-Zero Project

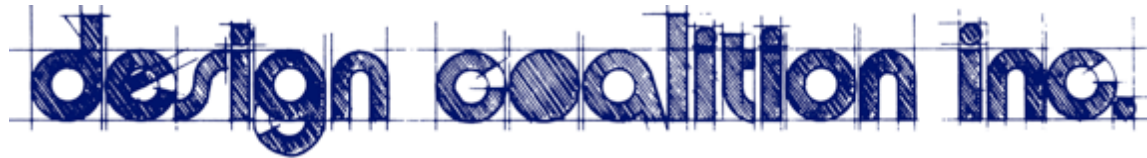


www.rootriverhouse.2030home.org

Thank you!

Christi Weber

Building Designer & Certified Passive House Consultant
Design Coalition Architects, Madison, WI



www.designcoalition.org

christi@designcoalition.org